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Counselor Education and Counseling Psychology

2012 News

Doctoral students receive awards

Nov. 21, 2012

Angela Garrison and Brian Littleton, doctoral students in counseling psychology in Western Michigan University's Department of Counselor Education and Counseling Psychology, have been selected as recipients of the 2012 American Psychological Association Dissertation Research Award. The APA Dissertation Research Award program is intended to encourage excellence in dissertation research in psychological science by assisting science-oriented doctoral students with research costs. The award of \$1,000 is to be used to help offset their dissertation research costs. Brian's dissertation is titled, "African American men's health: Regulating race-related stress through cognitive flexibility." Angela's dissertation is titled, "Testing a Model of Maladaptive Perfectionism and Depressive Symptoms: The Roles of Emotional Disclosure, Emotion Regulation Strategies, Adult Attachment, and Shame."



Counseling psychology in aging and mental health

Oct. 22, 2012

Drs. Jody Tomko and Patrick Munley, professor and chair of Western Michigan University's Department of Counselor Education and Counseling Psychology, have published a research paper in Aging and Mental Health. The article is on predicting counseling psychologists attitudes and clinical judgments with respect to older adults. Tomko is a graduate of the counseling psychology doctoral program and the research is based on her dissertation under the supervision of Munley. Currently, Tomko is employed as a psychologist with the VA Pittsburgh Health Care System.



Professor published in The Family Journal

Oct. 22, 2012

Dr. Carla Adkison-Bradley, professor in Western Michigan University's Department of Counselor Education and Counseling Psychology, had a paper published in the October 2012 issue of The Family Journal on "Postadoption Services Utilization Among African American,

Transracial, and White American Parents: Counseling and Legal Implications." The study explored the extent of the use of non-financial support services such as participation in support groups and individual or family counseling by African-American, transracial and white-American adoptive families. Implications for family counselors are discussed.

CECP students present at American Psychological Association Convention

Oct. 4, 2012

Western Michigan University counseling psychology doctoral students presenting at the American Psychological Association Convention in August 2012 included the following.

Katherine Colles

- Colles, K. L. N. (2012, August). Remedies to Ethical Concerns in Consultation Services. Poster session presented at the American Psychological Association Convention, Orlando, Fla.
- Morris, J. R. & Colles, K. L. N. (2012, August). University School Training Model: Counseling Services in an Urban School District. Poster session presented at the American Psychological Association Convention, Orlando, Fla.

Lindsey Dollar, Amber Larson and Raymond Sheets

- Dollar, L. N., Larson, A. L., & Sheets, R. L. (August, 2012). Advocating for LGBT youth: Connecting and networking with educational and community resources. Roundtable presented at the 120th annual convention of the American Psychological Association, Orlando, Fla.

Brian Littleton

- Reid, L.M., Ghosh, A., Sinha, A., Littleton, B. P., & Duron, K. (2012, August). Impact of sociocultural factors on depression in older Hispanic adults. Poster presented at 120th American Psychological Association Convention, Orlando, Fla.

Angela Garrison

- Garrison, A. M., Kahn, J. H., & Sauer, E. M. (2012, August). Emotional avoidance and rumination mediate the relation between adult attachment and disclosure. Poster presented at the 120th annual meeting of the American Psychological Association, Orlando, Fla.

Counseling psychology professor and alumna collaborate

Sept. 10, 2012

Drs. Kara Wolff and Patrick Munley have published an article on “Exploring the relationships between white racial consciousness, feminist identity development and family environment for white undergraduate women” in the College Student Journal. Wolff is a graduate of Western Michigan University's counseling psychology doctoral program and the research is based on her dissertation under the direction of Munley.

Research in the counseling profession

Aug. 30, 2012

Dr. Carla Adkison-Bradley was selected to be a theme session presenter for Chi Sigma Iota, an international honors society for professional counselors and counselor educators, at the American Counseling Association 2013 Conference. The presentation, titled “The disciplinary practices of African American mothers and fathers: Engaging in culturally responsive research,” will discuss the results of a mixed-method research study of child disciplinary strategies used by African American parents. CSI Day 2013 events will be held in Cincinnati, Ohio, during the ACA Convention March 20-24, 2013.



Department alumna named head softball coach at Kalamazoo College

July 17, 2012

Sue Mattice was introduced as Kalamazoo College's head softball coach July 17.

Mattice comes to Kalamazoo College from Grandville High School where she served as varsity softball coach from 1999 to 2007 and 2010 to 2012. Mattice led the Bulldogs to conference championships in 2001 and 2011, district championships in 2003 and 2004, and a regional championship in 2003. She had 11 consecutive winning seasons and 11 consecutive academic all-state teams, and was named district coach of the year in 2003 and 2004.

Mattice is a 1986 graduate of Hillsdale College, where she majored in health and physical education. She was a four-year starter in softball (second base, shortstop) and basketball at Hillsdale while serving as team captain in both sports her senior year. Mattice earned a master's degree in counselor education and counseling psychology at Western Michigan University in 1994. Mattice will continue in her role as a counselor at Grandville High School, a position she has held since 1994.

"I thoroughly enjoyed my coaching experience at Grandville High School and was blessed to coach such great players and people," Mattice said. "I am honored to become a part of the Kalamazoo College family and to take on this new endeavor. I have been impressed with the

academic standards at K and the commitment to the student-athletes, and am very excited to lead the Hornet softball team and work to build success within the program."

Counselor education and counseling psychology students honored at awards reception

June 12, 2012

Western Michigan University counselor education and counseling psychology students honored at an awards reception Thursday, April 12, included the following.

Counselor Education and Counseling Psychology Graduate Teaching Effectiveness Award

- Garrett Brookmyer
- Raymond Lione Sheets Jr.

Counselor Education and Counseling Psychology Graduate Research and Creative Scholars Award

- Angela Marotta Garrison, doctoral level, all University
- Brian Doane, doctoral level, department

Robert and Diane Betz Award for Doctoral Studies in Counselor Education and Counseling Psychology

- Reuben Maina Mwangi, doctoral studies in counselor education
- Lindsey Dollar, doctoral studies in counseling psychology

Robert O. Brinkerhoff Scholarship for Human Resources Development

- Mauricio Nuno Muzevuca

Kenneth Bullmer Scholarship for Doctoral Students in Counseling Psychology

- Branson Lamar Boykins

Counselor Education and Counseling Psychology Alumni Scholarship

- Raymond Leoine Sheets Jr., doctoral student
- Jasmin McKinney, master's student

Alan and Kristin Hovestadt Outstanding Student in Marriage and Family Therapy Award

- Lauren D. Cooper

Arthur and Margaret Manske Outstanding Master's Student in School Counseling

- Chelsey M. McConn

Outstanding Master's Student in Counselor Education and Counseling Psychology

- LeAnne Jansen

Thelma M. Urbick Outstanding Doctoral Student in Counselor Education Award

- Allison E. Buller

Outstanding Doctoral Student in Counseling Psychology

- Sheryl Kelly

Outstanding Alumni Award

- David K. Duys

WMU students and faculty present at Great Lakes Regional Counseling Psychology Conference

June 6, 2012

Western Michigan University students and faculty from the Department of Counselor Education and Counseling Psychology presented at the Great Lakes Regional Counseling Psychology Conference held March 22-23 at Purdue University in West Lafayette, Ind. CECF student presenters are highlighted in bold. The conference theme was, "Searching for Cultural Understanding: An Intentional Focus on Diversity, Social Justice, and Internationalization." The Great Lakes Conference is the longest running yearly regional conference (25 years) associated with Division 17 (Counseling Psychology) of the American Psychological Association. WMU's counseling psychology program hosted the conference in 1991, 1997, 2003 and 2008.

- Career Decision-making Needs of Sexual Minority College Students: Implications for Career Counselors
Amber Larson, Mark St. Martin, **Rommel Johnson**, Glinda Rawls, and **Hartini Rahman**
- The Changing Understanding of Racial Categorization
Mark S. Barajas, and **James Jobe**
- Creating a Culture of Success for African American Counseling Psychology Doctoral Students
Ricky Pope, **Vanessa Laurent**, **Shaakira Jones**, **Walter Malone**, and **Erin Jenkins**
- Cross-Cultural Replication and Validation of a School-Based Resiliency Measure
Mark S. Barajas, and Brian R. Stewart
- Do the Right Thing: Challenging Hegemony and Praxis of Counseling Training
Lonnie Duncan, and Beverly Vandiver

- Exploring Client and Therapist Attachment within the Counseling Process
Kathryn Wierda
- Fostering Resilience as a Protective Factor in a Campus-wide Suicide Prevention Program
Hartini Abdul Rahman
- Help-Seeking Attitudes among African American and Latino Communities: Implications for Mental Health Professionals
Krystelle Jean-Michele, and Laura A. Pacheco
- Heterosexist Microaggressions in the World of Work: Implications for Sexual Minority Individuals
Lindsey Dollar, and Raymond L Sheets, Jr.
- Impact of Attachment Experiences on Psychological Resilience
Laura Pacheco, and Brian Doane
- Supervisory Working Alliance and Nature of Supervision as Predictors of Counselor Burnout
Garrett V. Weatherhead, Lindsey N. Dollar, and Angela M. Garrison
- The Impact of Institutional Racism and White Supremacy on Help-Seeking Attitudes: A Look at Stigma and Cultural Mistrust
Krystelle Jean-Michel, Katherine Colles, and Deidre Begay
- The Role of Attachment in Work and Career
Molly Beagle, Kathryn Wierda, and Brian Littleton
- Women of Color and Racial Microaggressions in the Workplace: An Intersection Between Racism and Sexism
Deidre Begay, Erin Jenkins, and Sophia Rath-Targowski
- Working with your bicultural clients: Beyond “Where are you from?”
Hartini Abdul Rahman

Department of Counselor Education and Counseling Psychology receives diversity award

March 22, 2012

Western Michigan University's 2012 Excellence in Diversity Awards Committee has chosen the Department of Counselor Education and Counseling Psychology as a winner in the College/Department category. They have won the Excellence in Diversity Award for their outstanding contributions toward diversity and inclusion here at WMU.



The award will be presented at the second annual Excellence in Diversity Awards program being held from 5 to 7 p.m. Wednesday, April 11, in the Bernhard Center's East Ballroom.

Doctoral student earns three grants

Jan. 19, 2012

Counselor education doctoral student Allison Buller has received three grants—two external and one internal—to support her dissertation research. The award grants are as follows:

- NCACES Research Grant 2011, \$1000
- Western Michigan University Research Grant 2011, \$1000
- CACREP Research Grant 2012, \$522



The title of Allison's dissertation is, "Exploring the Experiences of Counselor Educators Recognized for Their Excellence in Teaching." This dissertation will engage counselor educators identified as excellent teachers in an examination of the meaningful experiences that contributed to their development as faculty in counselor education.