2012

Counselor Education and Counseling Psychology 2012 News

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Doctoral students receive awards

Nov. 21, 2012

Angela Garrison and Brian Littleton, doctoral students in counseling psychology in Western Michigan University's Department of Counselor Education and Counseling Psychology, have been selected as recipients of the 2012 American Psychological Association Dissertation Research Award. The APA Dissertation Research Award program is intended to encourage excellence in dissertation research in psychological science by assisting science-oriented doctoral students with research costs. The award of $1,000 is to be used to help offset their dissertation research costs. Brian's dissertation is titled, "African American men's health: Regulating race-related stress through cognitive flexibility." Angela's dissertation is titled, "Testing a Model of Maladaptive Perfectionism and Depressive Symptoms: The Roles of Emotional Disclosure, Emotion Regulation Strategies, Adult Attachment, and Shame."

Counseling psychology in aging and mental health

Oct. 22, 2012

Drs. Jody Tomko and Patrick Munley, professor and chair of Western Michigan University's Department of Counselor Education and Counseling Psychology, have published a research paper in Aging and Mental Health. The article is on predicting counseling psychologists attitudes and clinical judgments with respect to older adults. Tomko is a graduate of the counseling psychology doctoral program and the research is based on her dissertation under the supervision of Munley. Currently, Tomko is employed as a psychologist with the VA Pittsburgh Health Care System.

Professor published in The Family Journal

Oct. 22, 2012

Dr. Carla Adkison-Bradley, professor in Western Michigan University's Department of Counselor Education and Counseling Psychology, had a paper published in the October 2012 issue of The Family Journal on "Postadoption Services Utilization Among African American,
Transracial, and White American Parents: Counseling and Legal Implications." The study explored the extent of the use of non-financial support services such as participation in support groups and individual or family counseling by African-American, transracial and white-American adoptive families. Implications for family counselors are discussed.

**CECP students present at American Psychological Association Convention**

Oct. 4, 2012

Western Michigan University counseling psychology doctoral students presenting at the American Psychological Association Convention in August 2012 included the following.

**Katherine Colles**


**Lindsey Dollar, Amber Larson and Raymond Sheets**


**Brian Littleton**


**Angela Garrison**


**Counseling psychology professor and alumna collaborate**

Sept. 10, 2012
Drs. Kara Wolff and Patrick Munley have published an article on “Exploring the relationships between white racial consciousness, feminist identity development and family environment for white undergraduate women” in the College Student Journal. Wolff is a graduate of Western Michigan University's counseling psychology doctoral program and the research is based on her dissertation under the direction of Munley.

**Research in the counseling profession**

Aug. 30, 2012

Dr. Carla Adkison-Bradley was selected to be a theme session presenter for Chi Sigma Iota, an international honors society for professional counselors and counselor educators, at the American Counseling Association 2013 Conference. The presentation, titled “The disciplinary practices of African American mothers and fathers: Engaging in culturally responsive research,” will discuss the results of a mixed-method research study of child disciplinary strategies used by African American parents. CSI Day 2013 events will be held in Cincinnati, Ohio, during the ACA Convention March 20-24, 2013.

**Department alumna named head softball coach at Kalamazoo College**

July 17, 2012

Sue Mattice was introduced as Kalamazoo College's head softball coach July 17.

Mattice comes to Kalamazoo College from Grandville High School where she served as varsity softball coach from 1999 to 2007 and 2010 to 2012. Mattice led the Bulldogs to conference championships in 2001 and 2011, district championships in 2003 and 2004, and a regional championship in 2003. She had 11 consecutive winning seasons and 11 consecutive academic all-state teams, and was named district coach of the year in 2003 and 2004.

Mattice is a 1986 graduate of Hillsdale College, where she majored in health and physical education. She was a four-year starter in softball (second base, shortstop) and basketball at Hillsdale while serving as team captain in both sports her senior year. Mattice earned a master’s degree in counselor education and counseling psychology at Western Michigan University in 1994. Mattice will continue in her role as a counselor at Grandville High School, a position she has held since 1994.

"I thoroughly enjoyed my coaching experience at Grandville High School and was blessed to coach such great players and people," Mattice said. "I am honored to become a part of the Kalamazoo College family and to take on this new endeavor. I have been impressed with the
academic standards at K and the commitment to the student-athletes, and am very excited to lead the Hornet softball team and work to build success within the program."

**Counselor education and counseling psychology students honored at awards reception**

June 12, 2012

Western Michigan University counselor education and counseling psychology students honored at an awards reception Thursday, April 12, included the following.

**Counselor Education and Counseling Psychology Graduate Teaching Effectiveness Award**

- Garrett Brookmyer
- Raymond Lione Sheets Jr.

**Counselor Education and Counseling Psychology Graduate Research and Creative Scholars Award**

- Angela Marotta Garrison, doctoral level, all University
- Brian Doane, doctoral level, department

**Robert and Diane Betz Award for Doctoral Studies in Counselor Education and Counseling Psychology**

- Reuben Maina Mwangi, doctoral studies in counselor education
- Lindsey Dollar, doctoral studies in counseling psychology

**Robert O. Brinkerhoff Scholarship for Human Resources Development**

- Mauricio Nuno Muzevuca

**Kenneth Bullmer Scholarship for Doctoral Students in Counseling Psychology**

- Branson Lamar Boykins

**Counselor Education and Counseling Psychology Alumni Scholarship**

- Raymond Leoine Sheets Jr., doctoral student
- Jasmin McKinney, master’s student

**Alan and Kristin Hovestadt Outstanding Student in Marriage and Family Therapy Award**

- Lauren D. Cooper

**Arthur and Margaret Manske Outstanding Master’s Student in School Counseling**
Western Michigan University students and faculty from the Department of Counselor Education and Counseling Psychology presented at the Great Lakes Regional Counseling Psychology Conference held March 22-23 at Purdue University in West Lafayette, Ind. CECP student presenters are highlighted in bold. The conference theme was, "Searching for Cultural Understanding: An Intentional Focus on Diversity, Social Justice, and Internationalization." The Great Lakes Conference is the longest running yearly regional conference (25 years) associated with Division 17 (Counseling Psychology) of the American Psychological Association. WMU’s counseling psychology program hosted the conference in 1991, 1997, 2003 and 2008.
• Exploring Client and Therapist Attachment within the Counseling Process
Kathryn Wierda

• Fostering Resilience as a Protective Factor in a Campus-wide Suicide Prevention Program
Hartini Abdul Rahman

• Help-Seeking Attitudes among African American and Latino Communities: Implications for Mental Health Professionals
Krystelle Jean-Michele, and Laura A. Pacheco

• Heterosexist Microaggressions in the World of Work: Implications for Sexual Minority Individuals
Lindsey Dollar, and Raymond L Sheets, Jr.

• Impact of Attachment Experiences on Psychological Resilience
Laura Pacheco, and Brian Doane

• Supervisory Working Alliance and Nature of Supervision as Predictors of Counselor Burnout
Garrett V. Weatherhead, Lindsey N. Dollar, and Angela M. Garrison

• The Impact of Institutional Racism and White Supremacy on Help-Seeking Attitudes: A Look at Stigma and Cultural Mistrust
Krystelle Jean-Michel, Katherine Colles, and Deidre Begay

• The Role of Attachment in Work and Career
Molly Beagle, Kathryn Wierda, and Brian Littleton

• Women of Color and Racial Microaggressions in the Workplace: An Intersection Between Racism and Sexism
Deidre Begay, Erin Jenkins, and Sophia Rath-Targowski

• Working with your bicultural clients: Beyond “Where are you from?”
Hartini Abdul Rahman

Department of Counselor Education and Counseling Psychology receives diversity award

March 22, 2012

Western Michigan University's 2012 Excellence in Diversity Awards Committee has chosen the Department of Counselor Education and Counseling Psychology as a winner in the College/Department category. They have won the Excellence in Diversity Award for their outstanding contributions toward diversity and inclusion here at WMU.

The award will be presented at the second annual Excellence in Diversity Awards program being held from 5 to 7 p.m. Wednesday, April 11, in the Bernhard Center's East Ballroom.
Doctoral student earns three grants

Jan. 19, 2012

Counselor education doctoral student Allison Buller has received three grants—two external and one internal—to support her dissertation research. The award grants are as follows:

- NCACES Research Grant 2011, $1000
- Western Michigan University Research Grant 2011, $1000
- CACREP Research Grant 2012, $522

The title of Allison’s dissertation is, "Exploring the Experiences of Counselor Educators Recognized for Their Excellence in Teaching." This dissertation will engage counselor educators identified as excellent teachers in an examination of the meaningful experiences that contributed to their development as faculty in counselor education.