11-2011

CECP Pride, November 2011

College of Education and Human Development

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Counselor Education and Counseling Psychology Annual Awards
Presented to recipients on April 14, 2011

Graduate Teaching Effectiveness Award
Tiffany Lee

Counselor Education and Counseling Psychology Alumni Scholarship
Sarah Simons, master’s student
Lacretia Dye, doctoral student

Graduate Research and Creative Scholars Award
(Pictured Below) Angela Garrison - Doctoral
Bethany Warnaar - Master’s

Robert & Diane Betz Award for Doctoral Studies in Counselor Education and Counseling Psychology
Daniel Romero, Doctoral Studies in Counselor Education
Raymond Sheets, Doctoral Studies in Counseling Psychology

Robert O. Brinkerhoff Scholarship for Human Resources Development
Victoria Sanderson

Kenneth Bullmer Scholarship for Doctoral Students in Counseling Psychology
Angela Garrison

Outstanding Alumni Award
Joe Horak

Outstanding Doctoral Student in Counseling Psychology
Abbie Van Der Wege

Outstanding Master’s Student in Counseling Education & Counseling Psychology
Zita Hardenberg

Outstanding Doctoral Student in Counseling Psychology
Abbie Van Der Wege

Thelma M. Urbick Outstanding Doctoral Student in Counselor Education Award
Brad Hinman

Outstanding Master’s Student in School Counseling
Jennifer Riha

Arthur & Margaret Manske Outstanding Master’s Student in School Counseling
Jennifer Riha

Robert O. Brinkerhoff Scholarship for Doctoral Studies in Counselor Education and Counseling Psychology
Daniel Romero, Doctoral Studies in Counselor Education
Raymond Sheets, Doctoral Studies in Counseling Psychology

Robert O. Brinkerhoff Scholarship for Human Resources Development
Victoria Sanderson

Kenneth Bullmer Scholarship for Doctoral Students in Counseling Psychology
Angela Garrison

Outstanding Alumni Award
Joe Horak
Moving Forward

The 2010-11 year, has been very productive, with our students, alumni and faculty continuing to make important contributions to the fields of counselor education, counseling psychology, and human resources and development. We are very proud of the work being done by our students, alumni and faculty. This newsletter highlights a few of the special events, accomplishments and achievements that have taken place during the past year and recognizes our students who have graduated.

The construction of the new Sangren Hall is moving forward rapidly. For those of you who are not near campus and who would like to see the progress you may follow the construction at: http://www.fm.wmich.edu/planning/newsangrenhall. We anticipate that we will move into the new building in August 2012. The CECP department will be located on the third floor with our department offices adjoining the Center for Counseling and Psychological Services (CCPS-KZOO) near the main entrance elevators for the building. The clinic will include: 8 individual/couple session rooms; 2 dedicated testing rooms; a child play therapy room; a family therapy room and a group therapy room. The session rooms will adjoin large and small observation rooms that are planned to offer supervisors and counseling students wireless in-ear communication between the observation rooms and the counseling rooms during counseling sessions. The clinic will also include a seminar room where the practicum classes will meet; and a conference room/video review room that will be open during clinic hours for students to review their session video recordings.

The clinic will have a state of the art digital recording system, currently used by several medical schools around the country. This digital system will allow comments and observations to be annotated to video recordings during the live viewing of sessions and during the subsequent review. The clinic and the digital video system are planned in a manner that will allow any of the session rooms to be used for supervision when not in use for counseling. This will offer maximum flexibility and adequate space for client counseling and individual/triad supervision sessions. We plan to integrate the practice sessions for CECP 6040 Counseling Techniques into the clinic on a regular basis to allow the use of the clinic’s video recording system for basic pre-practicum counseling skills training and development.

The new CCPS clinic will be among the finest counselor education and counseling psychology department training facilities in the nation and will provide an outstanding facility to serve our clients and an excellent training setting for CECP students. Development and planning for this wonderful training facility have been made possible by the support from Professor Emeritus Gary Wegenke, Dean John Wheeler, Provost Tim Greene, President John M. Dunn and the staff of the University Projects and Construction Division.

I wish to thank all of our students, friends and alumni who have continued to provide support for the Department of Counselor Education and Counseling Psychology during the past year. Your involvement, enthusiasm and assistance are vital for the continuing success of CECP. The many friends of CECP who donate to the department’s scholarship and awards program throughout the year play an essential role in making these scholarships and awards possible; and your support is very much appreciated.

I would like to express special appreciation this year to Dr. Alan and Mrs. Kristin Hovestadt who have endowed The Alan J. and Kristin H. Hovestadt Marriage and Family Therapy Endowed Scholarship. Scholarship recipients will be selected from students pursuing the marriage and family curriculum. Dr. Hovestadt is a Past-President of the American Association of Marriage and Family Therapy, and served as CECP Department Chair from 1985-1995. He and his wife Kristin are long-standing supporters of the Department. Endowed scholarships such as this establish an important unending source of support for students and are deeply appreciated.

Everyone is cordially invited to attend our next CECP award reception to help recognize our outstanding students and scholarship recipients. Our next reception will be held on April 12, 2012 in rooms 157, 158 and 159 of the Bernhard Center.

All the Best,
Pat Munley
The Association of Counselor Education and Supervision (ACES) Conference 2011

CECP Faculty and Student Presentations


Highhouse, H. (2011, Oct.). Exploring the college student development and career exploration process: Identifying the process college students use to make an informed decision in considering a career in teaching.

Hinman, B. (2011, Oct.). Internet pornography: Addiction, obsession, compulsion, habit, harmless hobby or something else? How counselor comfort, worldview, and training can affect client outcomes.


Lee, T. K. (2011, Oct.). Chemical misuse: How to identify, intervene, engage, and manage students who are impaired.


Tremble, C. Counseling survivors of sexual assault: Challenges, techniques, and assessing effectiveness.
2011 American Psychological Association (APA) in Washington, D.C.
CECP Faculty and Student Presentations


Pictured from left to right: Sheryl Kelly, Brian Littleton, Erin Jenkins, Joseph Morris, Lonnie Duncan, Branson Boykins, Deidre Begay
Counseling Psychology Great Lakes Conference 2011 Presentations


Working With Your International Supervisee: Beyond Acculturation and Multicultural Discussion
Hartini Abdul-Rahman, M.A.

A Sojourner’s Return: Theories of Cultural Reintegration, First-Hand Narratives of Psychological Challenges Faced by Returning Humanitarian Workers, and Implications for Mental Health Workers
Mark Barajas, B.S. & Garrett Weatherhead, M.A.

The Role of Attachment Style in the Experience of Grief
Molly Beagle, M.A.

Implementing First Year Experiences for Native American College Students
Deidre Begay, M.A.

Native American Contributions to Psychology
Deidre Begay, M.A.

University School Training Model Facilitates Consultation and Collaboration Among School Stakeholders
Katherine Colles, M.A. & Joseph Morris, Ph.D.

Counseling Implications for Partners of Childhood Sexual Abuse Survivors
Brian Doane, M.A. & Laura Pacheco del Castillo, M.A.

Identifying and Overcoming Challenges in Recruitment and Data Collection with Older Adult Participants
Alyssa Ford, M.S.

Research Training in Counseling Psychology Doctoral Programs
Angela Garrison, M.A.

Career Development of Saudi Arabian International Students in the United States
Molly Heyn, M.A.

Saudi Arabian Students’ Challenges in Learning English in the United States
Molly Heyn, M.A.

Unique Challenges Faced by Graduate Teaching Assistants Who Are Underrepresented Minorities
Brian Littleton, M.S., Branson Boykins, M.A., & Sheryl Kelly, M.A.

Predictors of Counselor Self-Efficacy among Master’s Level Counselor Trainees: Impact of a Cohort versus Non-Cohort Training Model
Regina Meyer, M.A.

Resiliency Among Lesbian and Gay Individuals: A Critical Review, Directions for Future Research, and Implications for Mental Health Professionals
Amber Mosley, B.S. & Mark Barajas, B.S.

A Multifaceted Approach to Incorporating Holistic Practices in Counseling Psychology
Raymond Sheets, Jr., M.A., Michele McGrady, M.A., Molly Heyn, M.A., & Allison Buller, M.S.

Mental Health Assessment and Treatment of Suicidal Clients
Cynthia Beevers, Ph.D.

What Did I Take Away from My Multicultural Class? Exploring Reactions and Growth Areas from Multicultural Coursework by Students and Teachers Perspective
Branson Boykins, M.A. & Deidre Begay, M.A.

Help-Seeking Attitudes: Addressing the Needs of African American Church-goers
Krystelle Jean-Michel, M.A.

“How to Have Your Cake and Eat It Too”: Developing Teaching and Scholarly Identities while Preparing for the APPIC Match
Sophia Rath-Targowski, M.S., Raymond Sheets Jr., M.A. & Regina Meyer, M.A.

The Practice of Effectively Career Counseling Clients with Learning Disabilities
Mark St. Martin, Ph.D., Glinda Rawls, Ph.D., Hartini Abdul-Rahman, M.A. & Bradley Hinman, M.A.
In June and September of 2011 Dr. Jim Croteau presented a series of two invited talks at the WMU's Kendall Center in Battle Creek on the topic of “The Journey Toward a Non-Racist White Identity in the United States.” The discussion was sponsored by the Calhoun Race Impact Alliance with support from the National Resource Center for Racial Healing. A goal of the alliance is to inform the community about race and culture. In his talks, Dr. Croteau explored the issues white people face as they encounter the realities of racism and White privilege in the United States. He discussed how white people often don’t begin to perceive and understand racism until they have a close personal relationship with a person of color or other experiences that makes them aware of the problem in society. He also talked about how white people dealing with racism in society is often painful, but is also rich and rewarding.

Mary L. Anderson recently served as Co-Chair of the first “All Michigan” Counselors Conference, along with Shawn Bulsma and Janet Glaes, both WMU graduates of our Counselor Education Doctoral Program. This conference took place at the Radisson Plaza Hotel in Kalamazoo, November 6-7. The title of the conference was titled, Growing Strong Together, which reflected the vision of two organizations united to promote counseling in the state of Michigan, regardless of the work setting. The conference was sponsored by the Michigan School Counselor Association (MSCA) and Michigan Counseling Association (MCA), a collaboration with a shared vision of a strengths-based approach to counseling. The keynote speaker, Christian Moore of Why Try delivered an inspiring and practical approach to increase motivation and resilience in children to overcome poverty, violence, and failure to succeed in education and the workplace. Many of our WMU students participated as volunteers for the conference. Shawn Bultsman is President of the Michigan School Counselor Association (MSCA); Mary Anderson and Janet Glaes serve as Board Members of MSCA.

The current on-site supervisor is Katherine L. N. Colles M.A, a Doctoral Candidate in the Counseling Psychology program in CECP, is a Licensed School Counselor and Licensed Professional Counselor. Prior to doctoral studies, Ms. Colles worked as a counselor in an urban middle school for five years and has additional experience in community settings. Ms. Colles is currently in her fourth year serving as the on-site supervisor of the WWA counseling center collaborative initiative. In this role, she has provided individual and group supervision to master’s level trainees in Counseling Psychology and Counselor Education and has made important contributions to the strength and longevity of this program.

Ms. Colles reflects on her experiences at WWA, “Serving as the on-site supervisor has been a unique and invaluable training experience in addition to my doctoral coursework, practica, and research endeavors. This role has facilitated gaining, further developing, and strengthening clinical supervision competencies. Working with the supervision and direction of Dr. Joseph R. Morris, I have learned how to effectively implement and sustain a counseling service training program.”

The Department of Counselor Education and Counseling Psychology (CECP) in the College of Education and Human Development (COEHD) is in the seventh year of a collaborative initiative with the Kalamazoo Public Schools (KPS) to deliver critical mental health services for students at Washington Writers’ Academy (WWA) elementary school. Dr. Joseph R. Morris, Professor, Licensed Psychologist and Licensed Professional Counselor, developed this project with support from KPS, CECP and the COEHD and serves as project director. Counseling services are provided by advanced masters and doctoral level students in CECP. An experienced doctoral level student serves as the on-site supervisor under the direct supervision of the faculty project director. The master’s and doctoral students completing various aspects of their program of study constitute the Counseling Center staff at the school, under the supervision and direction of the project faculty director. The Counseling Center staff work with WWA students, teachers, the principal, and other school personnel regarding personal, social, and educational concerns of students and their families. These concerns are primarily addressed by providing need-based individual and group counseling services to students and/or family members.
Counselor Education and Counseling Psychology

AWARDS AND RECOGNITION

Jeorge Fierro, director of outreach and special programs for Extended University Programs, and Dr. Patrick Munley, chair of counselor education and counseling psychology, have been named to state commissions by Michigan Gov. Rick Snyder. Fierro was selected to serve on the Hispanic/Latino Commission of Michigan, which is dedicated to developing a unified policy and plan of action to serve the needs of Michigan’s Hispanic and Latino communities. He was appointed to a three-year term that expires Dec. 10, 2013. Munley was selected to serve on the Michigan Board of Counseling which licenses counselors and oversees the practice of counseling in the state. At present, the Board oversees the practice of over 8,000 counselors. He was selected to represent individuals who are engaged primarily in counseling-related teaching, training or research. He was appointed to a four-year term that expires June 30, 2015.

Counselor Education doctoral student Tiffany K. Lee has been named one of the two recipients of a 2011 International Association of Addictions and Offender Counselors (IAAOC) Graduate Student Scholarship, which will be presented at the annual IAAOC Breakfast at the American Counseling Association Convention in New Orleans on March 26, 2011.

College of Education and Human Development Awards and Recognition Celebration

Rising Star Award, Doctoral

This award recognizes a College of Education and Human Development doctoral student who has demonstrated outstanding potential in scholarship, teaching, and/or professional leadership. The recipient demonstrates a quality of performance that indicates that they will continue to develop into a distinguished member of their profession.

Angela Garrison is a second year doctoral student in the department of Counselor Education and Counseling Psychology. In addition to an outstanding academic record, she has been extremely productive in terms of research and scholarship. Angela has had two empirical studies published in one of the top counseling psychology journals, presented 12 refereed papers at regional and national conferences, and is the co-investigator of two others papers that will be submitted for publication shortly. She has also made remarkable contributions to the Center for Counseling and Psychological Services in Grand Rapids (CCPS-GR). She has demonstrated excellent psychological evaluation skills and continually completes thorough and well-organized written notes, reports, and evaluations. She also serves as the assessment coordinator at the CCPS-GR. As a second year doctoral student, Angela’s accomplishments and numerous contributions were recognized with the College’s Doctoral Rising Star Award.

Trailblazer Award

This award recognizes a single faculty member or team of faculty who engages in cutting edge scholarship (which may include but is not limited to creative activity, research, program development, software development or other scholarly pursuits) which impacts the discipline.

Drs. Lonnie Duncan and Susan Piazza exemplify a model of cross-disciplinary research and collaboration. Their research examines after-school literacy engagements with struggling readers through the McGinnis Reading Center and Clinic. Their after-school program allowed literacy studies and counseling psychology students to collaboratively serve youth considered at-risk of failure by schools and society due to life experiences such as parental incarceration, poverty, urban violence, and drug use. Their research program was part of a community collaborative titled “Securing Children’s Opportunities and Empowerment” (SCOPE) and targeted youth with an incarcerated parent. This program gained national attention for its innovative efforts and received funding from four national sources. Drs. Piazza and Duncan currently have one article in press focusing on the SCOPE project; received the Outstanding Research Session Award, Area 3, at the 2010 Literacy Research Association’s Annual Conference; and were invited to present their study at an international forum, “Featured Researchers Session” at the 2011 International Reading Association’s Annual Conference.

As part of their work together, Drs. Duncan and Piazza conducted an ethnographic case study to examine professional practicum experiences for literacy studies and counseling psychology students. They documented interactions between tutors and adolescent boys considered “struggling readers.” As part of the larger mixed method study, they conducted two qualitative case studies to illustrate exemplary after-school literacy engagements with black adolescent males, each with an incarcerated parent. The case study findings reveal the complexities of working with youth at-risk, and implications for
teachers and counselors in three important areas: choosing culturally relevant materials, motivation and engagement, and building relationships as the foundation for cultural competency.

Drs. Duncan and Piazza have worked effectively together in a new line of inquiry in counseling and literacy research that will support teacher and counselor preparation programs in the future. Building on their understandings that literacy empowers youths’ sense of agency and opens access to life opportunities, they are making a difference in both of their fields.

Esprit de Corps Award
This award recognizes an individual who personifies the vision of the College of Education and Human Development, especially in reference to respectful civility, collegiality, and academic citizenship which work to lift the overall spirit of the college’s environment.

Dr. Joseph Morris has served as a leader in the department of Counselor Education and Counseling Psychology and the College of Education and Human Development since his arrival at Western Michigan University. In addition to his duties as an academic leader with responsibilities for Directing the doctoral Program in Counseling Psychology and later as Chair of the Department of Counselor Education and Counseling Psychology, Dr. Morris has served the college and his department in a number of roles including, Department AAUP Representative for 8 years, Chair of each of the standing committees in CECP including Tenure and Promotion, Curriculum and Master’s admission. In each of these roles within the department he has worked cooperatively with others to institute important and needed changes in department operations. His service at the College level has included chairing the Promotion Committee and the College Curriculum Committee as well as service on a number of diversity and multicultural initiatives for the College of Education and Human Development and the University. As chair of CECP and Director of Training for the doctoral program in Counseling Psychology, Dr. Morris led a number of initiatives that required meaningful, sustained and sensitive collaboration with individuals within his department, other members within the CoEHD and the University as well as individuals, organizations and agencies external to the University, such as the State Department of Education, many state, regional and national professional associations, including the American Psychological Association, the Association for Counseling and Development, as well as administrators and colleagues at other institution of higher education.

Dr. Joseph Morris

Dr. Morris was also awarded one of two Western Michigan University’s Excellence in Diversity awards for faculty, presented for the first time in April of 2011. This award recognizes leadership that demonstrates successful efforts to increase diversity on campus and helps create a climate that welcomes and supports all individuals; honors outstanding individuals and groups engaged in initiatives and innovations in areas such as teaching, research, programs and services. Dr. Morris was recognized for his leadership and dedication to multiculturalism and cultural competence throughout his professional career at WMU. Dr. Morris, the first African American hired in the Counselor Education and Counseling Psychology department (CECP), has demonstrated exemplary dedication to diversity, specifically ethnic and racial diversity. His understanding of the needs of domestic and international communities of color led to the development of the first department course in multicultural counseling which subsequently became a required course for all students in the CECP masters and doctoral programs. His efforts also led to the CECP department subsequently adding two additional diversity courses which are required for the doctoral students in counselor education and counseling psychology respectively. During his service as Department Chair from 1995-2005 he was instrumental in establishing the foundation for a very diverse department faculty and student body which led to the department’s recognition by the American Psychological Association in 2008. His efforts have attracted a number of future scholars of color who have come to be mentored by the faculty at Western Michigan University. Dr. Morris also established a fully functioning counseling center in the Washington Writer’s Academy (WWA) elementary school in Kalamazoo. This is a collaborative initiative with the Kalamazoo Public Schools to provide culturally competent counseling and mental health services to at risk students.

Dr. Kelly McDonnell was a recipient of the Association for Specialists in Group Work President’s Award for 2010-2011 given in recognition of extraordinary service to the organization. The presentation was made March 25 during the ASGW luncheon at the American Counseling Association annual conference in New Orleans, Louisiana. Dr. McDonnell is a long time member of the ASGW, a division of the ACA, and currently serves as co-chair of the ASGW Awards Committee and as an editorial board member for the Journal for Specialists in Group Work.

As president of the Association of Psychology Training Clinics, Dr. Eric Sauer was invited to participate in a nationwide, inter-organizational task force to design a model curriculum for doctoral education in cognitive and behavioral therapy. The task force met in Washington DC in spring of 2011. Other representatives of the task force included representatives from the American Psychological Association (APA), and The Council of Graduate Departments of Psychology (COGDOP). The product of this task force will be a recommended template for bona fide training in cognitive-behavioral therapy. A manuscript outlining the curriculum will be submitted for publication and subsequently disseminated.
Congratulations to those students listed below who completed their Ph.D. degree from Fall 2010 through Summer I 2011. Titles of their doctoral dissertation and doctoral committee chair are noted.

**FALL 2010**

Victoria Elaine Cane  
Kalamazoo, Michigan  
Counseling Psychology  
“LGB-Affirmative Therapists Use of Developmental Models of LGB-Identity in Therapy: A Phenomenological Investigation”  
Chair of Doctoral Committee: James Croteau, Ph.D.

Amy Cavanaugh  
Rochester, New York  
Counseling Psychology  
“Ability of Clinicians-in-Training to Recognize Vicarious Traumatization: A Multiple Case Study”  
Chair of Doctoral Committee: Kelly McDonnell, Ph.D.

Daniel Huber  
Harlan, Iowa  
Counseling Psychology  
Chair of Doctoral Committee: Eric Sauer, Ph.D.

Jessica Anne Kerby  
Portage, Michigan  
Counseling Psychology  
“The Interface of Breastfeeding and Work: A Phenomenological Exploration of the Experiences of White Low-Income Women”  
Chair of Doctoral Committee: Mary Zwoyer Anderson, Ph.D.

Jessica Lynn Manning  
Akron, Ohio  
Counseling Psychology  
“The Process of One White Upper Middle Class Lesbian Couple Pursuing Parenthood for the First Time: A Qualitative Case Study”  
Chair of Doctoral Committee: James Croteau, Ph.D.

Nikita Murry  
Midland, Michigan  
Counselor Education  
“A Qualitative Exploration of African American Womanhood: Implications for Counseling and Counselor Education”  
Chair of Doctoral Committee: Gary Bischof, Ph.D.

Emily Ann Nisley  
Kalamazoo, Michigan  
Counseling Psychology  
“Counseling Professionals’ Attitudes Toward Transgender People and Responses to Transgender Clients”  
Chair of Doctoral Committee: Kelly McDonnell, Ph.D.

Janeé Marie Steele  
Kalamazoo, Michigan  
Counselor Education  
“Political Ideology and Its Relationship to Perceptions of Social Justice Advocacy among Members of the American Counseling Association (ACA)”  
Chair of Doctoral Committee: Gary Bischof, Ph.D.

**SUMMER 2011**

Bianca T.L. Fetherson  
Charlotte, North Carolina  
Counseling Psychology  
“What About Me: Using Grounded Theory to Understand How African-American Counseling Professionals become Multiculturally Competent”  
Chair of Doctoral Committee: Mary Z. Anderson, Ph.D.

William W. Fitzgerald  
Oxford, Ohio  
Counseling Psychology  
“The Influence of a Personal Practice of Meditation on One’s Therapeutic Practice”  
Chair of Doctoral Committee: Alan Hovestadt, Ed.D.

Michele Lynn McGrady  
Kalamazoo, Michigan  
Counseling Psychology  
“Understanding the Dimensions of Spirituality in Caucasian, Lesbian, Gay, and Bisexual College Students”  
Chair of Doctoral Committee: Mary Z. Anderson, Ph.D.

Marina Shafran  
Blacksburg, Virginia  
Counseling Psychology  
“Soviet Holocaust Survivors: An Ethnographic Study”  
Chair of Doctoral Committee: Eric Sauer, Ph.D.

Abbie VanDerWege  
Kalamazoo, Michigan  
Counseling Psychology  
“Counselor Trainees’ Experience of Analyzing their Counseling Sessions During a Master’s-Level Practicum”  
Chair of Doctoral Committee: Kelly McDonnell, Ph.D.

**SPRING 2011**

Margaret O. Ajayi-Nabors  
Kalamazoo, Michigan  
Counseling Psychology  
“Students of Indian Heritage and United States Citizen Students’ Adaption to College, Opinions about Mental Illness, and Attitudes toward Seeking Professional Counseling Help”  
Chair of Doctoral Committee: Joseph Morris, Ph.D.
Congratulations to those students listed below who completed their Master’s degree from Fall 2010 through Summer I 2011.

FALL 2010

Christopher T. Alphenaar  
Eau Claire, Michigan  
Counseling Psychology

Melissa Sue Baker  
Boyne Falls, Michigan  
Counselor Education: School Counseling

Sarah Lynn Ball  
Naperville, Illinois  
Counselor Education: School Counseling

Andrew James Bertin  
Wyoming, Michigan  
Human Resources Development

Krysten Renae Betcher  
Hamilton, Michigan  
Counselor Education: Marriage, Couple and Family Counseling

Johnathan James Boonstra  
Traverse City, Michigan  
Counselor Education: Community Counseling

Kimberly Ann Christmas  
Grand Rapids, Michigan  
Counselor Education: School Counseling

Laura Ann Doughty  
Jenison, Michigan  
Counseling Psychology

M. Christina Drew  
Grand Rapids, Michigan  
Human Resources Development

Sandra Adell Dudley  
Benton Harbor, Michigan  
Human Resources Development

Scott Alan Fernelius  
Grand Rapids, Michigan  
Counselor Education: Clinical Mental Health Counseling

Demarra Donielle Gardner  
Kalamazoo, Michigan  
Counselor Education: Clinical Mental Health Counseling

Jacqueline Kay Gerlofs  
Hudsonville, Michigan  
Counselor Education: Community Counseling

Mary C Greve  
Ionia, Michigan  
Counselor Education: Community Counseling

Heather L Hammerstrom  
Grand Rapids, Michigan  
Counseling Psychology

Renée Katherine Hartman  
Ada, Michigan  
Counselor Education: School Counseling

Beth D. Herman  
Kalamazoo, Michigan  
Counseling Psychology

Jamie Sue Hess  
Belleview, Michigan  
Counselor Education: School Counseling

Brian James Highstreet  
Spring Lake, Michigan  
Counselor Education: School Counseling

Tasha Daun Hill  
Hillsdale, Michigan  
Counseling Psychology

Kristen A. Johnson  
White Pigeon, Michigan  
Counselor Education: Rehabilitation Counseling

Randen Jay Kroes  
Kalamazoo, Michigan  
Counselor Education: School Counseling

Lindsey Kolette Lake  
Kalamazoo, Michigan  
Counselor Education: School Counseling

Sara Nicole Lappan  
Alpena, Michigan  
Counseling Psychology

John M. Matias  
Grand Rapids, Michigan  
Counselor Education: Community Counseling

Krista Matthews  
Portage, Michigan  
Counseling Psychology

Gerald F. Micketti  
Traverse City, Michigan  
Counselor Education: Community Counseling

Jay Alan Miller  
Grand Rapids, Michigan  
Counseling Psychology

David Andrew Nicholas  
Kalamazoo, Michigan  
Counselor Education: Community Counseling

Sylvia Cristina Obert  
Big Rapids, Michigan  
Counseling Psychology

Salena Anne Phillips  
Fremont, Michigan  
Counseling Psychology

Joyce Obermeyer Pines  
Kalamazoo, Michigan  
Counseling Psychology

Dominic CeRon Reid  
Albion, Michigan  
Counselor Education: School Counseling

Yetunde M. Rotimi  
Kentwood, Michigan  
Counselor Education: School Counseling

Angela Marie Schmidt  
Grand Rapids, Michigan  
Counseling Psychology

Nedra Valeen Smith  
Kalamazoo, Michigan  
Counseling Psychology

Julie M. Sorenson  
Portage, Michigan  
Counselor Education: School Counseling

Mary Corinne Spradling  
Kalamazoo, Michigan  
Counseling Psychology

Richard Kendrick Stockdale  
Kalamazoo, Michigan  
Counseling Psychology

Weng Hong Tan  
Malaysia  
Counselor Education: College Counseling

Julie Suzanne Travis  
Tecumseh, Michigan  
Counselor Education: School Counseling

Casey Betty VanAntwerpen  
Middleville, Michigan  
Counselor Education: School Counseling

Christopher Martin VanStee  
Hastings, Michigan  
Counseling Psychology

Jodi L. Ward  
Kalamazoo, Michigan  
Human Resources Development

Cheryl A. Werner  
East Lansing, Michigan  
Counseling Psychology

Kasey Elizabeth Westhoff  
Kalamazoo, Michigan  
Counselor Education: School Counseling

Kassia Johnson Williams  
Conklin, Michigan  
Counseling Psychology

Leah Danielle Williams  
Albion, Michigan  
Counselor Education: Rehabilitation Counseling

Joanna Chun Wing Yum  
Portage, Michigan  
Counseling Psychology  
Kalamazoo, Michigan

SPRING 2011

Jessica Lynne Amey  
Portage, Michigan  
Counselor Education: School Counseling

Alicia C. Austin-Townsend  
Elkhart, Indiana  
Counselor Education: Clinical Mental Health Counseling

Jennifer Baker  
Grandville, Michigan  
Counselor Education: School Counseling

Amanda I. Bankert  
Grayling, Michigan  
Counselor Education: School Counseling
Christine Marie Barton-Young  
Cedar Springs, Michigan  
Counselor Education and Counseling Psychology

Andrew James Bertin  
Wyoming, Michigan  
Human Resources Development

Jané Latrice Beville  
Grand Rapids, Michigan  
Counselor Education: Marriage, Couple and Family Counseling

Cashmier Danielle Broten  
Kalamazoo, Michigan  
Counselor Education: Clinical Mental Health Counseling

Yolanda Burris  
Birmingham, Alabama  
Counselor Education: Rehabilitation Counseling

Janette D. Curtis  
Grand Rapids, Michigan  
Counselor Education: School Counseling

Jennifer Lynn Fox  
Traverse City, Michigan  
Counselor Education: School Counseling

Loretta Catherine Heisler  
 Olivet, Michigan  
Counselor Education: Community Counseling

Julie Kay Heyn  
Baroda, Michigan  
Human Resources Development

André Hicks  
Battle Creek, Michigan  
Counselor Education: School Counseling

Lisa Marie Holmes  
Tustin, Michigan  
Counselor Education: School Counseling

Hilary Ann Horwath  
Harbor Springs, Michigan  
Counselor Education: Community Counseling

Paul Anthony Hoskins  
Clyde, Michigan  
Counseling Psychology

Sharon Larnetta Hunt  
Benton Harbor, Michigan  
Human Resources Development

Brandy Lyne Johnson-Yordy  
Marshall, Michigan  
Human Resources Development

Ashley Elizabeth Kipp  
Kalamazoo, Michigan  
Counseling Psychology

Jody Rae Kitchen Ginop  
Levering, Michigan  
Counselor Education: Community Counseling

Katie J. Koole-McCurdy  
Wyoming, Michigan  
Counselor Education: School Counseling

Scott Leon Labbe  
Berrien Center, Michigan  
Counselor Education: Community Counseling

Paula Renee Langston-Ware  
Springfield, Michigan  
Human Resources Development

Joshua Laurence Little  
Denver, Colorado  
Counselor Education: Community Counseling

Daniel Norman Mitchell  
Kalamazoo, Michigan  
Counselor Education: Rehabilitation Counseling

Lindy Lea Nygaard  
Kingsley, Michigan  
Counselor Education: School Counseling

Jenna Marie Offringa  
Traverse City, Michigan  
Counselor Education: School Counseling

Aimee Leah Peters  
Quinnesec, Michigan  
Counselor Education: Community Counseling

Bryan Paul Pogodzinski  
Wayland, Michigan  
Counselor Education: School Counseling

Angela Ruth Priedtits  
Holland, Michigan  
Counselor Education: School Counseling

Angela Faith Pulera  
Cheboygan, Michigan  
Counselor Education: School Counseling

Alessandra Santos Pye  
Kalamazoo, Michigan  
Counselor Education: Marriage, Couple and Family Counseling

Michael Allen Ruhl  
Frankenmuth, Michigan  
Human Resources Development

Kathleen Judith Salada  
Galesburg, Michigan  
Counseling Psychology

Jessica A. Sheldon  
Grand Rapids, Michigan  
Human Resources Development

Jennifer Ellen Sielski  
Manistee, Michigan  
Counselor Education: School Counseling

Mary Katherine Sierawski  
Grandville, Michigan  
Human Resources Development

Kathryn Anne Soule  
Kalamazoo, Michigan  
Counselor Education: School Counseling

Kristina May Sutton  
Eaton Rapids, Michigan  
Counselor Education: School Counseling

Marnie Sue Thomas  
Kalamazoo, Michigan  
Counselor Education: Clinical Mental Health Counseling

Stacy E. Thompson  
Kalamazoo, Michigan  
Counselor Education: Marriage, Couple and Family Counseling

Tracy Ruth Thompson  
Grand Rapids, Michigan  
Counselor Education: Community Counseling

Angelia Marie van der Leek  
Marshall, Michigan  
Counselor Education: School Counseling

Amanda Michelle Waidelich  
Nashville, Michigan  
Counselor Education: Community Counseling

John Christopher Truman Westra  
Sturgis, Michigan  
Counselor Education: School Counseling

Mark Tracy Wheeler  
South Haven, Michigan  
Counselor Education: Clinical Mental Health Counseling

Juliá L. Williams  
Detroit, Michigan  
Counselor Education: School Counseling

SUMMER 2011

Karen E. Anderson  
Grand Rapids, Michigan  
Counselor Education: Clinical Mental Health Counseling

Loren K. Barnard  
Traverse City, Michigan  
Counselor Education: Community Counseling

Christopher Hugh Bigelow  
Beulah, Michigan  
Counselor Education: Community Counseling

Leigha Emily Compson  
Cedar Springs, Michigan  
Counselor Education: Community Counseling

Kelli Nicole Cryer  
Hazel Crest, Illinois  
Counselor Education: Community Counseling

Kelli Nicole Cryer  
Hazel Crest, Illinois  
Counselor Education: Community Counseling

Steven James Greenman  
Traverse City, Michigan  
Counselor Education: Community Counseling

Wendy S. Horton-Bierema  
Kalamazoo, Michigan  
Counselor Education: Community Counseling
Following receiving his Ph.D. in Counseling Psychology from WMU in 2010 Danny Huber completed a Postdoctoral PTSD Fellowship at the Veterans Affairs Medical Center in Albany, New York. Currently he serves as a staff psychologist with the VA Health Care System in Bath, New York. Dr. Huber, with co-authors Dr. Eric Sauer, Adam Mrdjenovich and Cristian Gugiu published a research paper in the November 2010 issue of Training and Education in Professional Psychology titled “Contributions to advisory working alliance: Advisee attachment orientation and pairing methods”. Participants were 109 counseling psychology doctoral students enrolled in American Psychological Association (APA)-accredited programs. The study examined the contributions of four factors on the advisory working alliance from counseling psychology advisees’ perspectives and found that lower attachment-anxiety scores, lower attachment-avoidance scores, and advisees choosing advisors each contributed to higher advisory working alliance scores. The study received national attention and Dr. Huber and Dr. Sauer were interviewed about the study for the March 2011 issue of GradPsych magazine, a national publication by APA for psychology graduate students.
Alumnus Dr. Gerald A. Juhnke will be a candidate for President of the American Counseling Association (ACA) in 2012. Dr. Juhnke graduated with his doctorate in counselor education and supervision from CECP in 1991. He is Professor and Director of the Counselor Education and Supervision Doctoral Program at The University of Texas at San Antonio. Dr. Juhnke is a former President of The International Association for Addictions and Offender Counseling and a former President of The Association for Assessment in Counseling. He served as Editor of The Journal for Addictions & Offender Counseling from 1995 to 1998 and is a current member of The JAOC Editorial Review Board. He also served as Co-Chair of The American Counseling Association’s Council of Journal Editors. Dr. Juhnke will be the first CECP alumni to run for office as ACA President. Juhnke is a previous recipient of the CECP Outstanding Alumnus Award.

Dr. Joseph J. Horak received the 2011 Counselor Education and Counseling Psychology Outstanding Alumnus Award. Dr. Horak received his doctorate in 2002 after completing the Counselor Education: Counseling and Leadership Program. Dr. Horak was recognized as an outstanding therapist, scholar, author, business consultant and servant leader in several professional capacities. He has 25 years of exemplary clinical experience beginning with work in public agencies, then hospital clinics and more recently in a unique private practice that includes the new field of family business consulting. Dr. Horak has come to be recognized as one of a handful of trainers/teachers/scholars in the area of family systems business consulting. His senior status in the field of counseling and family therapy has been recognized on several occasions during his career. He has held part time teaching appointments at the Seidman School of Business at Grand Valley State University, Western Michigan University, Western Theological Seminary and Wayne State University. At the state, regional and national level Dr. Horak has made numerous juried presentations at professional conferences. In 2002 he was invited by the Russian Academy of Sciences, Institute of Psychology, to present on various aspects of family therapy. He has also served in several professional leadership roles at the state and national level. Dr. Horak has held several offices in the Michigan Association for Marriage and Family Therapy including service as President in 1996 and 1997. Governor John Engler twice appointed Dr. Horak to serve on the State of Michigan Licensing Board in Marriage and Family Therapy. He was honored by his colleagues to serve as Board Chairperson for four years. Given his distinguished record of leadership at the state level, Dr. Horak was invited by the American Association of Marriage and Family Therapy (AAMFT) Board of Directors to serve as a member of the AAMFT Ethics Committee 2002-2006, serving as its chairperson in 2006. More recently he was elected to a three year term on the national Elections Council for AAMFT 2008-2010, serving as its chairperson in 2010. He is a Clinical Member and Approved Supervisor with the American Association for Marriage and Family Therapy. In 2003 the AAMFT awarded him the Professional Practice Award, the highest award that can be granted to a practitioner member of AAMFT.

Dr. Darrick Tovar-Murray earned his Ph.D. in Counseling Psychology in 2004 at Western Michigan University and currently works at DePaul University as an Assistant Professor in the Counseling and Special Education (CSE) Department. He also serves as the Director of Clinical Services for the Counseling program. He teaches courses in Couples and Family Counseling, Legal and Ethical Issues in Counseling, Counseling Skills, Multicultural Counseling, Career Counseling, Assessment and Practicum and Internship. Since his appointment at DePaul, Dr. Tovar-Murray has had a solid record of scholarship. He has published one book chapter and nine journal articles in top-tier, national journals including the Journal of Multicultural Counseling and Development, Career Development Quarterly, and the Western Journal of Black Studies. He was recently appointed to serve on the Editorial Board for the Journal of Multicultural Counseling and Development, and is a reviewer for the Journal of Poverty, Youth and Society, and the Career Development Quarterly. In fall 2011, Dr. Tovar-Murray was honored as a recipient of DePaul University's Award for Excellence in Teaching. This award was presented during the University's annual fall convocation and upon receiving the award Darrick remarked: “I take a multicultural approach to education and have always aspired to teach pedagogy that helps students challenge things like power and privilege and take a critical social stance on addressing those issues …. It can be hard for students to examine their own issues and biases. We’re all well-intentioned people, and it’s hard to challenge ourselves".
Dr. Carla Adkison-Bradley authored an article appearing in the July 2011 issue of The Family Journal: Counseling and Therapy for Couples and Families titled “Seeing African Americans as Competent Parents: Implications for Family Counselors”. This important paper clarifies issues relating to African American parents maintaining their humanity in the face of society that has viewed them as incompetent. Dr. Adkison-Bradley examined the historical literature and research regarding African-American parenting, clarified public policy issues and barriers that have challenged the integrity of African American families, and discussed applications for counseling research and practice. The Family Journal: Counseling and Therapy for Couples and Families is the official journal of the International Association of Marriage and Family Counselors (IAMFC).

Western Michigan University and the College of Education and Human Development were well represented at the International SELF Research Conference this summer. This gathering of researchers in education and social psychology was held in Quebec City, Canada. Heather Highhouse (CECP) and Dr. Allison Kelaher-Young (TLES) presented findings from a study of self-determination, pre-service teacher beliefs, and the decision to enter the teaching profession. Bethany Warnaar and Joshua Bench (CECP), working with Dr. Jeffrey Jones (TLES), reported on psychosocial outcomes that result from participation in community service and social action.

Counseling Psychology doctoral students, Raymond Sheets, Jr. and Lindsey Dollar, recently offered a roundtable presentation at the annual American Psychological Association convention in Washington, DC this past August. This presentation focused on the benefits and challenges involved in the creation, recruitment, and facilitation of LGBT counseling groups on college and university campuses. In attendance were doctoral students, college and university staff psychologists, and faculty, all of whom openly dialogued about their personal experiences in running such groups.


CECP faculty and students presented at the Michigan Association for Marriage and Family Therapy annual conference in Lansing in mid-April. Bradly Hinman, doctoral student in Counselor Education, conducted a workshop on “Interventions to Treat and Reduce Internet Pornography’s Impact on Adolescents.” Presenting posters were master’s students April Oglesby and Anna Proulx: Considerations for Treating PTSD in African-American Families,” and Counseling Psychology doctoral student Brian Doane and faculty member Dr. Gary Bischof: “Handling Secrets in Couple Therapy.”

The College of Education and Human Development had two All-University recipients from Counselor Education and Counseling Psychology for the Graduate College’s Research and Creative Scholars and Teaching Effectiveness awards. These are competitive awards that are selected by the Graduate Studies Council.

- Bethany Warnaar, Marriage, Couple & Family Counseling Master’s program (Master’s level Research award) has done research primarily with Gary Bischof and Jeff Jones.

- Tiffany Lee, Counselor Education Doctoral Program (Doctoral Teaching award) recently defended her dissertation and has been teaching in the SPADA program the past few years.

Part-time CECP faculty member Karen B. Helmeke and CECP Professor Gary H. Bischof recently published a chapter titled “Couple Therapy and the Integration of Spirituality and Religion” in the 2nd edition of the Handbook of Clinical Issues in Couple Therapy. This chapter traces the history of the integration of spirituality and religion in couple therapy and offers suggestions and resources for clinical application. This second edition, also edited by Joseph Wetchler, provides more in-depth and updated chapters, extending the initial book that was also published as a special issue of the Journal of Couple and Relationship Therapy.


Counselor Education and Counseling Psychology

**RETIEMENTS**

**Dr. Suzanne Hedstrom** has announced her retirement effective June 30, 2012. Dr. Hedstrom received her doctorate in 1977 from Northern Illinois University. Before joining the faculty and the CECP Department at Western Michigan University in 1989 she served as a Counselor at the Career Planning and Counseling Center of Grand Valley State University and was in private practice for eight years. Since joining the faculty at WMU she has made many important contributions to the CECP department and the University, including her service as Training Director for the Counselor Education Doctoral Program and as member and Vice Chair of the University Graduate Studies Council. Her support and advocacy for graduate students has been exemplary; she chaired the committees of 19 doctoral graduates. She has made a major contribution to the success of many CECP graduate students and alumni. Her 22 years of dedicated service is deeply appreciated and we wish her all the best as she plans for her retirement in 2012.

In September 2011 **Dr. Eric Sauer** and co-authors **Mary Z. Anderson** and **B. Gormley** presented a paper at the North American Society for Psychotherapy Research meeting in Banff, Alberta Canada titled *A dyadic examination of client and therapist attachment, working alliance, session evaluation and response to therapy: A psychology training clinic study*. In March 2011 Dr. Sauer also presented a paper with co-author J. Callahan at the annual meeting of the Association of Psychology Training Programs, New Orleans, LA on Multi-site study of client expectancies.

**Dr. Jennifer Wiebold**, CRC, associate professor and Rehabilitation Counseling (CERM)/Teaching (RCTM) program coordinator, served as President of the National Rehabilitation Counseling Association during 2011. The National Rehabilitation Counseling Association advances the profession of rehabilitation counseling through the establishment of professional ethics, public understanding and supportive programs, which assist all persons with disabilities in becoming self-sufficient and contributing members of society. In March 2011 Dr. Wiebold participated in the keynote panel of the National Rehabilitation Association (NRA) Government Affairs Summit and in June 2011 was the keynote speaker for the Arkansas Rehabilitation Association’s Conference.

Dr. Kelly McDonnell presented as part of a panel at the 2011 American Counseling Association convention. Her presentation was part of the Striving for Global Unity Forum. The 2011 ACA conference was held March 25-27 in New Orleans, Louisiana.

**Angela Garrison** received an APA Graduate Student travel award to present her research paper co-authored with J.H. Kahn on “Disentangling the Effects of Depressive Symptoms and Adult Attachment on Daily Emotional Disclosure”. The paper was presented in August 2011 at the 119th Annual Meeting of the American Psychological Association, Washington D.C. Angela also has had two articles published in the Journal of Counseling Psychology this year:


**Research and Scholarship, continued**

**Dr. Mary Louise Anderson**, Assistant Professor and Coordinator of School Counseling, has had a new book published. The text, "Counseling Adults in Transition," was released in August by Springer Publishing. It is the only textbook explicitly designed to address counseling with adults who are coping with individual, relationship, and work transitions; this volume integrates the basic tenets of adult development with therapeutic practice. It is based on Schlossberg’s theory of transitions, a new process and content model that offers effective techniques for helping adults to understand and successfully navigate normal life transitions.

**Angela Garrison** and **Jennipher Wiebold**, CRC, associate professor and Rehabilitation Counseling (CERM)/Teaching (RCTM) program coordinator, presented a paper at the North American Society for Psychotherapy Research meeting in Banff, Alberta Canada titled *A dyadic examination of client and therapist attachment, working alliance, session evaluation and response to therapy: A psychology training clinic study*.

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The department appreciates the support of alumni and friends. If you’d like to help support the ongoing work of the department or one of the annual scholarships, we welcome your contributions.

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CECP Pride

We would like to regularly feature alumni in the newsletter. Please let us know about your successes by completing this form and mailing to Jillian Grosscup, College of Education and Human Development, 2305 Sangren Hall, Western Michigan University, Kalamazoo, MI 49008-5229, or e-mail your information to jillian.grosscup@wmich.edu

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Address: _______________________________ E-mail: _______________________________

Master’s program and year graduated: _________________________________
Doctoral program and year graduated: _________________________________

What professional news, i.e., appointments, jobs, projects, publications, honors, awards, etc. would you like us to include about you in future issues of CECP Pride?