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Counselor Education and Counseling Psychology 2018 News

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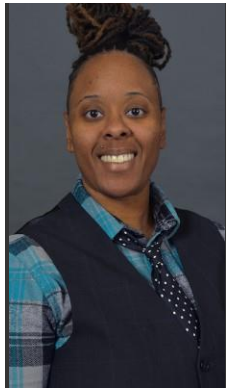
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Counselor Education and Counseling Psychology 2018 News

Counseling Psychology Ph.D. Student Dawnielle Simmons Receives Diversity Award



Dawnielle Simmons

Feb. 26, 2018

KALAMAZOO, Mich.—**Dawnielle Simmons**, Counseling Psychology Ph.D. student in the College of Education and Human Development at Western Michigan University, received the WMU Office of Diversity and Inclusion Rising Star in Diversity Award on Feb. 23, 2018. This award recognizes a group or individual for enhancing the environment of inclusion at WMU and having made significant progress in this area. The following citation accompanied the award.

Dawnielle Simmons works for racial inclusion and diversity for the WMU campus, students of color and broadening awareness for non-marginalized students. As the graduate student representative on the College of Education and Human Development Inclusion and Diversity Committee, she continually provides a voice for students and ensures that she is inclusive of the various demographics of students.

She is one of the creators of the Student Assembly for Racial Equity and Cultural Inclusion, a registered student organization at WMU. This fairly new organization was established just over a year ago by WMU student representatives of the IDC. The organization aims to address student concerns about racial equity.

Simmons helped create panels in a variety of places including first-year experience classrooms and Real Talk Diversity Series to discuss diversity, racial inclusion and white supremacy. SAREC panels help contribute to a "shared and inclusive understanding of diversity" by

recruiting not only students of color but also white students who understand how white supremacy continues to play a role in marginalization of communities of color.

Simmons is currently working on moving the SAREC panels to be part of the FYE courses, therefore, creating sustainability to continue the program at WMU after she completes her doctoral degree.

In addition to SAREC, Simmons contributed a significant amount of work, time and energy for students of color who attended the NCORE 2017 conference in Texas.

She is a doctoral student at WMU who earned her master's degree in education from DePaul University and bachelor's degree from the University of Iowa.

Burns wins outstanding scholar award from The Professional Counselor, publishes again

April 17, 2018



Dr. Stephanie Burns

KALAMAZOO, Mich.—**Dr. Stephanie Burns'** article Evaluating Independently Licensed Counselors' Articulation of Professional Identity Using Structural Coding, which was published in 2017 in [The Professional Counselor](#), has been chosen as The Professional Counselor's 2017 winner for the Research category of Outstanding Scholar Award. Burns is an assistant professor in the Counselor Education and Counseling Psychology department in the College of Education and Human Development at Western Michigan University.

The winners are selected each year from the articles published in that year's volume. The editorial board committee examines the articles published each year and selects winners based on the following criteria: scholarly style, innovative and inventive material, and relevance to the counseling profession. Authors do not apply for consideration. The winner of each award receives a certificate of recognition and an honorarium. The article was coauthored by Dr. Daniel Cruikshanks of Aquinas College and found that "independently licensed counselors rarely accurately self-evaluate their occupational role communications..." and "rarely establish the

counseling profession's identity when discussing their occupational role." From the study, a model was created to help counselors evaluate and improve their communication about professional identity.

Burns and Cruikshanks recently published another article in *The Professional Counselor* titled *Independently-licensed Counselors' Connection to CACREP and State Professional Identity Requirements* which focuses on the value in a consistent and clear professional identity for independently-licensed counselors. Many professional counseling organizations act to strengthen counselor professional identity to achieve the same parity for counselors that is afforded to social workers and psychologists. A random sample of 494 independently-licensed counselors from state counseling licensure board lists answered five questions about CACREP and state professional identity requirements required for clinical mental health counseling students. These professionals rated supervision pre- and post-graduation by an independently-licensed counselor, counselor educators licensed and trained as counselors, the unique philosophy of the profession of counseling taught in counselor education programs, and the importance of CACREP accreditation for clinical mental health programs between Slightly and Moderately Important. Results suggested that independently-licensed counselors see some value in a consistent and clear professional identity as a means to help current concerns experienced by independently-licensed counselors.

McLaughlin publishes article in *The Journal of Humanistic Counseling*

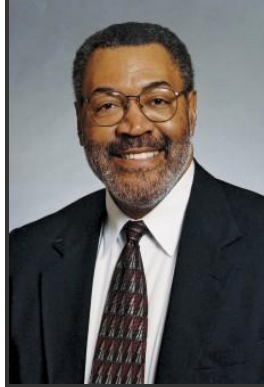
April 18, 2018



Dr. Jerry McLaughlin

KALAMAZOO, Mich.—**Dr. Jerry McLaughlin**, faculty specialist in the Counselor Education and Counseling Psychology department in the College of Education and Human Development at Western Michigan University, has authored a paper titled "Humanism's Revival in Third-Wave Behaviorism" that has been accepted by *The Journal of Humanistic Counseling*. In the paper, he reviews ten key humanistic ideas that the third-wave of behaviorists have adopted and the import of that for theory, practice and research.

Joseph R. Morris endowed professorship in race and psychology established



Dr. Joseph R. Morris

May 10, 2018

KALAMAZOO, Mich.—**Dr. Joseph Morris**, professor of Counselor Education and Counseling Psychology (CECP) in the College of Education and Human Development, has bequeathed a gift to Western Michigan University to create the Joseph R. Morris Endowed Professorship in Race and Psychology. This endowed professorship will enable the CECP department to recruit and retain faculty with exceptional contributions to the study of race in counseling psychology and/or race and psychology to ensure that, in perpetuity, multiculturalism will continue to be a cornerstone of the college, the department, the curriculum, the students and the faculty.

The gift will continue Dr. Morris' legacy of instilling multiculturalism into the fabric of the CECP department. Morris came to the department in 1984 as the first African American tenure track faculty member in the department and over the last thirty-four years has helped make multiculturalism a cornerstone of the department through his scholarship and leadership. During his ten years as director of the department, he focused on hiring diverse faculty and the recruitment of diverse students. He established the Joseph R. Morris Award for Outstanding Contributions to Multicultural Counseling and Psychology which provides funds to assist with the many expenses associated with doctoral studies and is awarded to historically underrepresented doctoral students with research and leadership interests focused on issues of race and psychology. Dr. Morris is also actively engaged in community outreach projects that benefit students in Kalamazoo Public Schools.

WMU faculty, staff and students featured in Journal of College Access

The [Journal of College Access](#) recently published a new issue, which features the contributions of three WMU staff members, **Nicole Martinez**, **Asia Rivers** and **Liliana Salas**; two WMU graduate students, Lizbeth Pineda and Rachel Drummond; and six WMU alumni. The journal is

housed at WMU and is co-edited by alumnus **Dr. Christopher Tremblay**. The journal is a peer-reviewed, academic, open access, online journal with a focus on how students aspire to, gain access to, enroll in and persist in higher education institutions. The journal is published periodically. **Dr. Mary L. Anderson**, associate professor of counseling education and counseling psychology, serves on the editorial board.

Two faculty receive 2018 CEHD Emerging and Distinguished Scholar awards

Oct. 1, 2018

KALAMAZOO, Mich.—The College of Education and Human Development (CEHD) at Western Michigan University is honoring **Dr. Stephanie Burns**, assistant professor in the Department of Counselor Education and Counseling Psychology, and **Dr. Edward Brooks Applegate**, professor in the Department of Educational Leadership, Research and Technology, for their scholarly accomplishments and influence on their fields.

BURNS



Dr. Stephanie Burns

Dr. Stephanie Burns, the 2018 CEHD Emerging Scholar Award recipient, came to WMU in 2012. Dr. Burns has published two chapters in edited books, 20 peer-reviewed journal articles, one peer-reviewed practice brief and one encyclopedia entry.

Dr. Burns' scholarship focuses on counselor professional identity, an important topic for a relatively young field that is still struggling to obtain public recognition separate from psychology and social work. Over the last five years, she has published six journal articles that research various aspects of professional identity to better understand the phenomenon and provide specific direction for moving forward. Her most recently published article, Evaluating Independently Licensed Counselors' Articulation of Professional Identity Using Structural Coding, received The Professional Counselor's 2017 Outstanding Scholar Award. Burns also researches ethical decision-making by licensed professional counselors.

The Emerging Scholar Award recognizes one individual with outstanding scholarly accomplishments and the potential for continued excellence. The recipient must be a full-time, board-appointed faculty member in CEHD at WMU. At time of nomination, faculty member must not be tenured.

APPLEGATE



Dr. Edward Brooks Applegate

Dr. Edward Brooks Applegate, the 2018 CEHD Distinguished Scholar Award recipient, has been employed at WMU for 18 years. In that time, he has published over 55 peer-reviewed journal articles, and his work has been cited over 1,000 times and presented at more than 120 professional conferences.

Dr. Applegate has made vast and innovative contributions to educational research on assessment and statistical modeling. His extraordinary analytic skills and interdisciplinary scholarly insights substantially contribute to the investigation of how psychometric principles fit in a larger research context. His national collaborations cross a wide range of disciplinary areas including psychology, neuroscience, medicine and physician education, and his work has been widely published in top ranked journals such as the *Journal of Child Psychology and Psychiatry*, the *Journal of Abnormal Psychology* and *NeuroImage*. Applegate also contributes to numerous grants, where he plays a variety of roles ranging from statistician, core evaluator, co-investigator and principal investigator. In 2016, he was awarded the Excellence in Discovery: Research and External Funding over \$1 Million for 5 years by Western Michigan University.

The Distinguished Scholar Award recognizes one individual with a body of outstanding scholarly accomplishments that has had an impact on the field. The recipient must be a full-time, board-appointed, tenured faculty member with a minimum of seven years of service in CEHD at Western Michigan University.

In 2017, Dr. Carla Adkison-Johnson won the Distinguished Scholar Award, and Dr. Brett Geier won the Emerging Scholar Award.

For more information about the CEHD Distinguished and Emerging Scholar Awards, please visit the [Tate Grant and Innovation Center policies and forms webpage](#).

2018 Counselor Education and Counseling Psychology faculty publications and presentations roundup

Oct. 10, 2018

KALAMAZOO, Mich.—**Dr. Carla Adkison-Johnson** and **Dr. Phillip Johnson** published a chapter this month in *Multicultural Issues in Counseling: new approaches to diversity*, the premier multicultural counseling textbook/resource for the counselor education profession. Their chapter is titled “Counseling people of the African Diaspora in the United States” and provides direction for counseling people in the contemporary United States who trace their cultural roots to Africa.

Dr. Mary L. Anderson and Counselor Education doctoral students Cheruba Daniel and Damon Chambers presented a paper at the North Central Association for Counselor Education and Supervision (NCACES) Conference in Cleveland Ohio. The title of the paper was “International Students in Counselor Education: Cultural Responsiveness for Coping and Advocacy”.

Dr. Samuel Beasley presented a paper at the August 2018 APA Annual Convention Meeting in San Francisco, CA. The paper is titled “A Comparative Examination of the Experiences of Men of Color in Professional Psychology”.

Dr. Joseph Morris and **Dr. Stephen Craig** published a paper, with two alumnae of the Ph.D. program in Counselor Education and Supervision, Dr. LaShonda Fuller and Dr. Loretta Dye, associate professors at Chicago State University and Western Kentucky University respectively. Their paper titled “Group counseling: African American Adolescent Females' Resiliency, Self-Efficacy and Racial Identity” appears in *The Wisconsin Counseling Journal*.

Dr. Tangela Roberts presented two papers at the 2018 APA Annual Convention in San Francisco, CA:

- “Black Americans and Activism: Exploring the Impact on Psychological Well-Being.”
- “Black + Queer + Activist: Exploring the Psychological Impact of Activism on Black LGBT Individuals”

Dr. Eric Sauer is presenting two papers at this month at the North American Society for Psychotherapy Research meeting.

- The first paper is co-authored with colleagues Ken Rice and Clarissa Robinson, and two counseling psychology doctoral student co-authors, Kristin Roberts and Char Houben-Hop, titled: “How Client Perfectionism and Attachment Dimensions Show up in Therapy: A Search for Reliable Client Groups.
- The second paper is a sole authored paper: “Patient and Therapist Predictors of Process in Psychotherapy”.

Dr. Beverly Vandiver made three paper and symposium presentations at the August 2018 APA Annual Convention Meeting in San Francisco, CA. These included:

- A presentation with counseling psychology doctoral student co-authors: Shealyn J. Blanchard, Angela C. Lewis, and Darrielle L. Allen on “ Testing the Validity of the Connor-Davidson Resilience Scale for Black American College Students.
- Chairing a symposium on “Research As a Tool for Social Justice---Why and How to Conduct Research in Partnership With Community”.
- Participating in a symposium on White Adaptation to Racial Pluralism---A New Theory and Measure.

Two CECF faculty members have chapter published in Multicultural Issues in Counseling

Oct. 10, 2018

KALAMAZOO, Mich.—**Dr. Carla Adkison-Johnson** and **Dr. Phillip Johnson**, faculty members in the College of Education and Human Development at Western Michigan University, published a chapter this month in *Multicultural Issues in Counseling: new approaches to diversity*, the premier multicultural counseling textbook/resource for the counselor education profession. Their chapter is titled “Counseling people of the African Diaspora in the United States” and provides direction for counseling people in the contemporary United States who trace their cultural roots to Africa.

Adkison-Johnson and Johnson provide direction for counseling people in the contemporary United States who trace their cultural roots to Africa. The chapter begins with a demographic profile of the African diaspora in the United States. Adkison-Johnson and Johnson then provide a cultural framework for counseling people of the African diaspora in the United States. They present an overview of a contextualized humanistic approach and its relationship to mental health for people of African descent. This is followed by a discussion of several important issues that must be considered in counseling with people of the African diaspora in the United States. The final part of the chapter focuses on counseling practices with clients of African descent, with case studies and specific guidelines for culturally competent counseling.

Multicultural Issues in Counseling is the premier multicultural counseling textbook/resource in the counselor education profession.

Dr. Mary Anderson publishes chapter in career counseling textbook

October 17, 2018



Dr. Mary Anderson

KALAMAZOO, Mich.—Mary L. Anderson, associate professor in the College of Education and Human Development at Western Michigan University, has published a book chapter in a new career counseling textbook, *Career Development and Counseling: Theory and Practice in a Multicultural World*. The title of Dr. Anderson's chapter is: *Career Development Prevention and Intervention in K-12 School Settings*.

This text book provides a comprehensive overview of career development theories with a unique multicultural framework. Aligned with the latest standards set forth by the Council for Accreditation of Counseling and Related Educational Programs (CACREP), the text focuses on applications across a variety of settings and populations. Each chapter contains numerous case illustrations and learning activities designed to help readers understand the complexities of multicultural aspects of individual career development. Counseling students in training, in addition to working counseling professionals, will find this book as a useful resource for today's diverse world.

Dr. Jennifer Foster publishes two book chapters on child abuse

Dec. 6, 2018



Dr. Jennifer Foster

KALAMAZOO, Mich.—**Dr. Jennifer. M. Foster**, associate professor in the College of Education and Human Development at Western Michigan University, has published a two book chapters on child abuse. The first is a chapter titled “Resiliency, positive coping, and posttraumatic growth in survivors of child abuse and neglect” in *Character Strength Development: Perspectives from Positive Psychology*. Individuals across the globe experience adverse childhood experiences at staggering rates. This chapter explored the lived experiences of resilient survivors of trauma who have demonstrated posttraumatic growth and positive coping. It also highlighted the efficacy of counseling for individuals with trauma histories and emphasized healing is possible.

The second chapter titled “Child sexual abuse: Evaluating the school based prevention programs in India” was co-authored with Aneesh Kumar and K.C. Bhagyalakshmi and was published in the *Handbook of Research on Social, Psychological, and Forensic Perspectives on Sexual Abuse*. Implementing child sexual abuse prevention efforts for children is a challenging task. This chapter provided specific strategies for Indian schools and calls for more evidence-based approaches that are culturally appropriate.

These chapters add to Foster’s line of research in area of child abuse and prevention, totaling 14 publications and 33 local, national and international presentations on the topic.

December 2018 CECP doctoral graduates



December 2018 CECP doctoral graduates

Congratulations to Counselor Education and Counseling Psychology (CECP) graduate students recently completing their Ph.D. degrees. CECP doctoral graduates at the December 2018 commencement are pictured above from left to right: Shealyn Jenee' Blanchard, Melissa T. Heinrich, Pamela Joyce Jordan, Andrew D. Clay, Ricky J. Pope, Jennifer G. Hahm, Lindsay A. Okonowsky.

Congratulations to all!

RECENT PH.D. GRADUATES, THE TITLE OF THEIR DISSERTATIONS AND DOCTORAL ADVISORS INCLUDE:

Doctor of Philosophy

Cynthia A. Beevers

Colorado Springs, Colorado

Counseling Psychology "A Qualitative Analogue Study on Student Therapists' Reactions to

Client Suicidality”

Chair of Doctoral Committee: Kelly McDonnell, Ph.D.

Shealyn Jenee' Blanchard

Glenn Allen, Virginia

Counseling Psychology “Black Graduate Students’ Experiences of Stress and Coping”

Chair of Doctoral Committee: Mary Z. Anderson, Ph.D.

Andrew D. Clay

Grandville, Michigan

Counselor Education “The Grief Experience of Spousal and Adult Child Caregivers of Individuals Diagnosed with Alzheimer’s Disease or Related Dementias Following Facility Placement”

Chair of Doctoral Committee: Jennifer Foster, Ph.D.

Jennifer G. Hahm

Lansing, Michigan

Counseling Psychology “Color-Blind Racial Ideology, Social Justice Attitudes, and Cultural Competency in U.S. Medical Students and Resident Physicians”

Chair of Doctoral Committee: Joseph Morris, Ph.D.

Melissa T. Heinrich

Kalamazoo, Michigan

Counseling Psychology “Strongly Bonded Supervisory Relationships: Demystifying the Bond Aspect of the Supervisory Working Alliance”

Chair of Doctoral Committee: Mary Z. Anderson, Ph.D.

Pamela Joyce Jordan

Grand Rapids, Michigan

Counselor Education “Counselor Educators’ Perceptions of Nontraditional Master’s-Level Counseling Students and How Those Perceptions Shape Teaching Practices”

Chair of Doctoral Committee: Stephen Craig, Ph.D.

Lindsay A. Okonowsky

Tallahassee, Florida

Counseling Psychology “Perspective Taking, Multicultural Course Completion, and Political Ideology Affiliation Effects on Zero Sum Belief Endorsement by White Counseling Trainees”

Chair of Doctoral Committee: Joseph Morris, Ph.D.

Ricky J. Pope

Irvine, California

Counseling Psychology “The Integration of Creative and Expressive Arts in a Young Adult Problem-Solving Court”

Chair of Doctoral Committee: Mary Z. Anderson, Ph.D.