CDS- Annual Report 2018-19

College of Health and Human Services

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Our Mission, Our Values

The mission of the Western Michigan University Center for Disability Services is to help people who because of age, illness or disability need assistance to live life fully. Through our community living, care coordination, skill building and aging services, our goal is to support a person’s intellectual and physical functioning and independence by minimizing the negative impact of age or disability on their life, and assisting them to remain living at home and participating in their community. CDS also provides WMU students with an opportunity for innovative learning and discovery in the field of aging and disabilities through internships, volunteering and employment.

Our vision is to provide high quality supports and services and to help all people be active members of their community and achieve the highest quality of life possible.

Our values:

- All people are valued members of society.
- All people have the right to make choices affecting their lives.
- People who receive our services are unique individuals who should be cherished, treated with sincere understanding and respect, and provided with lifelong learning opportunities.

The programs offered at CDS are designed to empower individuals who are aging or have disabilities to become more independent, participate in their community and get the supports they need to live a joyous and healthy life.

The George Ishler Wellness Lab will focus on interprofessional practice for collaborative education with students from speech, language, and hearing sciences; music therapy, physical therapy, social work, holistic health and occupational therapy.

Students from WMU regularly visit Senior Day Services and work with participants.

It has been an exciting year at CDS! After acquiring the property at 110 Cork St. in 2017 followed by 18+ months of planning, construction is underway. WMU’s Adult Wellness Programs will be opening later this year after extensive renovations. Funding for the project came from private donors and foundations. The building will house WMU Senior Day Services and the George Ishler Wellness Lab. Both will serve as a place for faculty to educate students while serving older adults in our community. The services will be a model for achieving optimal health and wellness.

“I helped my client at CDS and my client helped me”
Kate Ryan, CDS employee since July 2018. Read more about Kate at wmich.edu/disabilitycenter/kryan
Western Michigan University Center for Disability Services

2018-19 Annual Report

165,981
Total hours of direct service

85%
average goal achievement

93%
of participants met goals at CDS throughout the year

Revenues

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<table>
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<tr>
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<tbody>
<tr>
<td>Private Fees</td>
<td>$211,892</td>
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<tr>
<td>Contract Fees</td>
<td>$2,512,337</td>
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<tr>
<td>Misc.</td>
<td>$30,911</td>
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<tr>
<td>TOTAL</td>
<td>$2,755,140</td>
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Expenses

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<tr>
<td>Compensation</td>
<td>$1,694,286</td>
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<tr>
<td>Operating Expenses</td>
<td>$875,385</td>
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<tr>
<td>TOTAL</td>
<td>$2,569,671</td>
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115 student employees

251
people served

$471,962
paid out for student wages

42%
of individuals served at WMU Senior Day Services are Veterans

Hosted
112
intern and practicum students from WMU

712
participant goals attempted

80%
of in-home care clients report that they are able to remain living at home because of the services we provide.

97.78%
of community connections participants agree that they have adequate access to the community through services CDS provides.

3
evidence-informed cognitive exercise programs

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