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Sponsor Profile: **TherapyEd International Educational Resources**



Becoming a health care professional requires dedication and hard work. The rite of passage into the clinical world involves completion of formal educational requirements and a high stakes final examination. For many students, academic success is a source of motivation and stress. A study by Jacob, Itzchak, and Raz (2013) examined the perceived stress levels across a multidisciplinary group of health care students. Participants across disciplines rated “academic factors” as their primary source of stress. Further analysis identified the highest contributing subcategories as (a) perceived difficulty of studies, (b) time demands, and (c) amount of material to be covered. These stressors could also be attributed to the type of preparation necessary to pass national licensure and certification exams. When the objective is to obtain a passing score on the first trial, failure is not an option. Preparation is everything.

TherapyEd International Educational Resources prepare physical therapists, physical therapy assistants, occupational therapists, occupational therapy assistants, and speech-language pathologists for national licensure and certification exams (<https://www.therapyed.com/about-therapyed>). The National Board for Certification in Occupational Therapy (NBCOT[®]) is the credentialing agency for the occupational therapy profession. The NBCOT[®]'s mission is to advance client care and professional practice through evidence-based certification standards and the validation of knowledge essential for effective occupational therapy practice (<http://www.nbcot.org/>). To meet initial certification and licensure requirements, occupational therapists and occupational therapy assistants must pass the NBCOT[®] certification exam.

[TherapyEd](#) helps thousands of occupational therapy students pass the NBCOT[®] exam every year. Over 150 live exam preparation courses are offered at educational institutions each year. Intensive two-day courses

improve focus and stimulate the critical thinking skills required on test day. Instructors are accomplished clinicians and academics who serve as experts in their fields. Comprehensive study guides include study tips and test-taking strategies. Computer-based practice exams offer realistic multiple choice test questions similar to those found on the final exam.

Preparation for national licensure and certification exams is a stressful process; however, TherapyEd resources enable students to identify areas of need prior to examination day. As a result, the amount and difficulty of material to review is abbreviated, and time demands are reduced. Decreasing the stressors leading up to test day will increase the odds of achieving a passing test score on the first trial. When failure is not an option, TherapyEd educational resources empower exam candidates to study smarter.

References

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