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College of Arts and Sciences

Western Michigan University

Physics professor amasses support for WMU students



A new organization is working to make sure basic necessities aren't on the list of worries for Western Michigan University students. Led by Dr. Michael Famiano, a professor of physics, a contingent of WMU faculty, staff, alumni, parents and community members is banding together to collect and deliver food and household products to students still living on or near campus.

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Reconnecting with Nature



Picture yourself, walking through the woods or along the shore of Lake Michigan. What do you notice? Maybe you see birds flying overhead, waves crashing on the beach or trees with new buds as a sign of spring. Most people take in their surroundings through their sense of sight as humans are vision-centric beings. Dr. Sharon Gill, professor of biological sciences, has created a soundwalk through nature to get others to focus on the natural sounds rather than the sights around them. The soundwalk podcast leads participants through a series of exercises, helping train those listening to tune into nature.

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New WMU Alumni Get Creative; WMU Ready to Help



Last month, graduating seniors became our newest alumni, and while the job market they face is uncertain, [WMU is ready to help](#). Whether you're a brand-new alum, or you have one in your life, the WMU Alumni Association wants to connect! Follow the link below learn more and share so new alumni can learn more about the first steps in staying connected to their Alma Mater.

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[**Dietician offers natural ways to boost immunity**](#)



Right now the world is in the middle of a health crisis. A novel virus—one that has not been identified in humans before—has swept the globe. While that means our bodies don't have preexisting defenses to COVID-19, there are natural ways to boost your immunity in general. "It is important to maintain a healthy lifestyle to prevent all types of illness," says Trina Weber, registered dietitian at Western Michigan University's Sindecuse Health Center who also has a private practice in Kalamazoo.

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Support for students.

We anticipate an unprecedented number of scholarship applications in the coming months. Make a gift to a fund that supports student scholarships all over campus.

**WMU Student
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