2023

Introductory Pages

Christopher W. Tremblay
University of Michigan, cwtrem@umich.edu

Patrick J. O'Connor PhD
Oakland Community College, collegeisyours@comcast.net

Laura Owen
San Diego State University, lowen@sdsu.edu

Diana Camilo
California State University, San Bernardino, diana.camilo@csusb.edu

Moya Malcolm
American University, mmalcolm@american.edu

Follow this and additional works at: https://scholarworks.wmich.edu/jca

Part of the Higher Education Commons

Recommended Citation
Tremblay, Christopher W.; O'Connor, Patrick J. PhD; Owen, Laura; Camilo, Diana; and Malcolm, Moya (2023) "Introductory Pages," Journal of College Access: Vol. 8: Iss. 1, Article 2.
Available at: https://scholarworks.wmich.edu/jca/vol8/iss1/2

This Introduction is brought to you for free and open access by the Western Michigan University at ScholarWorks at WMU. It has been accepted for inclusion in Journal of College Access by an authorized editor of ScholarWorks at WMU. For more information, please contact wmu-scholarworks@wmich.edu.
# Table of Contents

About the Journal .................................................................................................................. 3

Affiliations ............................................................................................................................... 4

JCA Editorial Board .............................................................................................................. 5

From the Editors ..................................................................................................................... 6

Well-being Consciousness and College Access Borderlands: Staff Perspectives on Supporting Students’ Well-Being ............................................................................................... 7-27

Paris D. Wicker (University at Buffalo-SUNY)

Characteristics of Effective Postsecondary Advising: How Often to Meet and What to Focus On ......................................................................................................................... 28-45

Grace Pai (Queens College, City University of New York (CUNY)), Melissa De Feo (New York City Department of Education)

Addressing Social Determinants of Mental Health to Improve College Access, Retention, and Completion .................................................................................................................. 46-88

Rumbidzai Mushunje (The Ohio State University), Natese Dockery (The Ohio State University), Mickey Lin (The Ohio State University), Kaprea Johnson (The Ohio State University), Kristen Toole (The Ohio State University), Sarah Henry (The Ohio State University), Alexandra Gantt-Howrey (Idaho State University)

Book Review: Early Rethinking College Admissions: Research-Based Practice and Policy ................................................................................................................................. 89-92

Christopher W. Tremblay (University of Michigan)

Book Review: Punished for Dreaming .................................................................................. 93-94

Lorene DeAtley (California State University, San Bernardino)

Book Review: Pre-College Programming in Higher Education Case Studies .................. 95-97

Kim Callahan Lijana (University of Michigan)
About the Journal

The Journal of College Access (JCA) focuses on the current trends, research, practices, and development of all types of programs, policies, and activities related to the access of and success in postsecondary education. Issues of college aspiration, qualification, application, enrollment, and persistence are the primary emphases.

The Journal was co-founded by Dr. Patrick O’Connor and Dr. Christopher Tremblay. O’Connor is Chief Strategist and CEO of College is Yours, an organization dedicated to expanding college opportunity. He is a board member and past chair of the Michigan College Access Network (MCAN). Tremblay is Executive Director of Enrollment Management and Student Affairs for the Taubman College of Architecture and Urban Planning at the University of Michigan.

Launched in March 2014, JCA is a part of Western Michigan University’s ScholarWorks, a digital showcase of research, scholarly and creative output.

CALL FOR SUBMISSIONS

We accept submissions year round.

scholarworks.wmich.edu/jca
The Journal of College Access is affiliated with the Michigan College Access Network, the Center for Postsecondary Readiness and Success (CPRS) and the Center for Equity and Postsecondary Attainment (CEPA).

MCAN is a statewide non-profit organization with a mission to increase college readiness, participation, and completion in Michigan, particularly among low-income students, first-generation college going students, and students of color. micollegeaccess.org

The goal of the Center for Postsecondary Readiness and Success is to increase equitable and accessible pathways to postsecondary success for all people. Located at American University in Washington, D.C., the Center creates aligned systems, driven by student outcomes to disseminate new knowledge and discovery of college and career readiness and persistence models, while simultaneously connecting this new knowledge to K-12 and higher education policy formation. american.edu/centers/cprs

The Center for Equity and Postsecondary Attainment (CEPA) focuses on promoting equitable access to viable postsecondary pathways and opportunities. Guided by diverse student and parent perspectives, CEPA aims to create college and career counseling and advising practices that reconnect with and elevate the voices of those who have been historically marginalized and excluded. All students deserve access to high quality guidance that supports both individual and collective needs, challenges inequitable and racist school-based systems and policies, and promotes postsecondary opportunities. education.sdsu.edu/cepa
JCA Editorial Board

Editors in Chief

Diana Camilo, Ed.D.
Assistant Professor
College of Education Counseling Program
California State University, San Bernardino

Moya Malcolm, Ph.D.
Postdoctoral Fellow for Student Success
School of Education
American University

Patrick O’Connor, Ph.D.
Chief Strategist and CEO
College is Yours

Laura Owen, Ph.D.
Executive Director
Center for Equity and Postsecondary Attainment
Department of Counseling and School Psychology
College of Education
San Diego State University

Christopher Tremblay, Ed.D.
Executive Director of Enrollment Management and Student Affairs
Taubman College of Architecture & Urban Planning
University of Michigan

Associate Editors

Dana Brookover, Ph.D.
Assistant Professor
Department of Education and Counseling
Villanova University

Nancy Chae, Ph.D., LCPC, NCC, NCSC, ACS
Assistant Professor
Department of Counseling and Marital and Family Therapy
University of San Diego

David D. Christian, Ph.D.
Associate Professor
Counselor Education Program
College of Education and Health Professions
University of Arkansas

Kim Cook
Executive Director
National College Attainment Network

Beth Gilfillan, Ph.D.
Assistant Professor
Counselor Education
Northeastern Illinois University

Erik M. Hines, Ph.D.
Professor
Counseling Program
Division of Child, Family, and Community Engagement
College of Education and Human Development
George Mason University

Ian Levy, Ed.D.
Assistant Professor
Counseling and Therapy
Manhattan College

Caroline Lopez-Perry, Ph.D.
Associate Professor
School Counseling
Co-Director of the CSU Center to Close the Opportunity Gap
California State University, Long Beach

Robert R. Martinez, Ph.D.
Assistant Professor
School Counseling
University of North Carolina at Chapel Hill

Timothy Poynton, Ed.D.
Associate Professor of Counseling Psychology
Department of Counseling & School Psychology
College of Education and Human Development
University of Massachusetts Boston
The lone edition of the *Journal of College Access* for 2023 is finally here, and readers will discover it has well been worth the wait.

Our opening article, by Paris Wicker, takes a look at the work done by college access organizations to support student’s well-being—their social and emotional health. In our second article, Pai and DeFeo study the specific activities and help students receive in the college access process to determine which activities increase the likelihood of college enrollment. The theme of well-being is picked up in the article by Mushunje et al, where they analyze what environmental factors are studied to determine student well-being.

This edition of the Journal includes reviews of three thought-provoking books sure to jump start new thinking about college access in the coming year. These books address the crucial topics of rethinking college admissions, the ways our current education system disenfranchises black students, and case studies of pre-college programming in higher education.

The ever-evolving field of college access provides ample opportunities for practitioners to consider how to advance efforts to prepare students for the college selection process, and how to make sure that access is meaningful as students achieve their college goals. The Journal welcomes your contributions to this discussion by submitting your research, or ideas for book reviews. You can find submission information and ways to contact us at scholarworks.wmich.edu/jca/.

Warm wishes for a strong and enlightening 2024! 🎉