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## Itchy Wrists

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## ITCHY WRISTS

*Kathryn Ashbay*

Tears of salted-out blood  
(raining from)

Tired eyes

These are the things that  
stick with me, haunt me  
in the form of ghosts from my  
past, take advantage  
of my forgetfulness, forever  
forcing my fingers to smear  
the mistakes around  
my worried eyes.

The pessimist who always sees  
the best in everyone  
except  
herself.

