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The woman in Me is Tired

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Lydia Cowan

LYDIA COWAN

The Woman in Me is Tired

The woman in me is tired.
The past girl in me is tired
The future mother in me is tired
My mother
My grandmother
Her mother
Her grandmother
A generation of the drained
Our delicate bones weak
From shouldering the world

The woman in me is tired.
The stretch marks
The catcalls
The pay gap
The silenced voice
Having little power
To change it all

The woman in me is tired.
For my future daughter
For her future daughter
I want to protect them
From a world of:
"Boys will be boys"

The woman in me is tired.
But I'll keep going on
Because the world
Will exhaust a woman to death
Before they see a man yawn.

Lydia