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CONFIDENCE HELPS BUILD COMPETENCE

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Confidence helps build competence. Attitude helps aptitude. These are not just idle cliches.

Parents, teachers and others who work with youngsters are realizing more and more that how we teach them is affected by how we reach them.

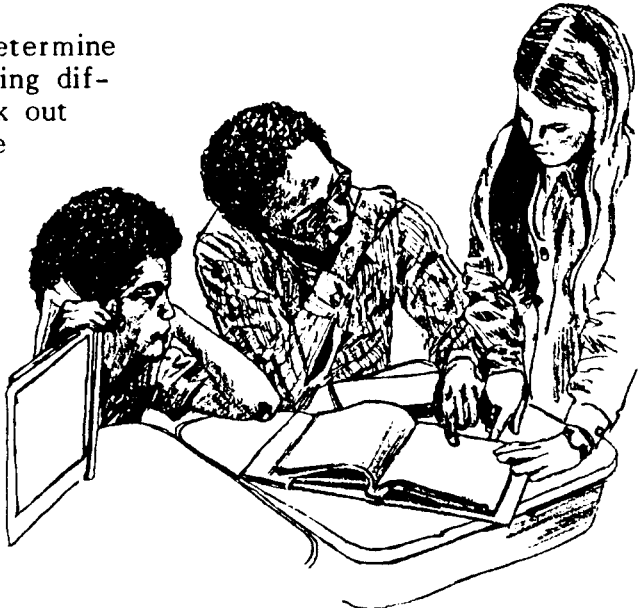
What can be done to emphasize the positive approach? Here are some helpful suggestions.

1. Give children the opportunity for success. Assign them tasks within their capabilities and then build on their strengths.

2. Try to determine why they are having difficulties and work out ways to overcome the problems.

3. Be available for consultation and encouragement.

4. Not only talk but also really listen to the feelings behind their words. Make sure whatever time you spend



with the children is meaningful.

5. Role playing can help youngsters work out and understand their fears, negative attitudes and low self-esteem. Have them act out situations to which they may be subjected.

6. Prepare them for the future by giving educational and career guidance.

7. Instill a sense of pride in them by displaying their work, appreciating their efforts and showing that you care.

8. Encourage them to be able to accept responsibility.

Feelings of self-worth and self-esteem are important to all people at all levels of achievement. The gifts of time and attention that parents and teachers devote to youngsters will enable these children to become caring, successful and well-adjusted adults.