

1989

## Nomads

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## NOMADS

We remember,  
through the pearly layers  
of ambiguous ages,  
the pumping  
of the first furious hearts  
who strained  
with the first rhythms  
of Life.

We call out  
to the dinosaurs  
with forgotten names  
in our sleep.

We know  
the Basis:  
the Cycle  
of births and deaths  
and rebirths,  
as energy flows  
through our flesh  
(like sand through sieves)  
and is gone.  
Our present bodies  
are like inherited tents,  
passed to us  
by our ancestry,  
but temporary.

We grasp onto each other  
with a primitive understanding,  
Nomads  
across time  
and within our minds.  
Like winter worms,  
We regress  
to the Center,  
to the Source,  
for sustaining warmth.

We have old souls,  
We are certain.

*Patricia Roush*