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## Inside

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## *Inside*

A dirty sick man,  
trembling at the sound of the river,  
lay weak in a bed of morning flowers.  
The sharp scent made him tighten.

He ignored the bird and the sunlight.  
He knew he was losing grasp  
of anything that was real.

Trapped inside a shell of flesh,  
he squirmed down to his toes.  
Finding no escape, he returned  
to the empty head,  
to scream,  
silence.

He no longer jolts at the biting flies,  
they just bite and bite and bite.  
Forever he sits alone,  
longing to feel again.

*by Tim DeWit*