Movement in the Classroom to Practice Sight Words

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The Process

1. Idea- motivation
2. Laura’s permission
3. Research
4. Writing the unit plan
5. HSIRB approval
6. Brainstorming how to make a learning “tool”
7. Collecting the first set of data
8. Implementing the lessons
9. Revising the unit plan
10. Collecting the second set of data
11. Reviewing and analyzing the data collected
Howard Gardener’s Multiple Intelligences

"We are all able to know the world through language, logical-mathematical analysis, spatial representation, musical thinking, the use of the body to solve problems or to make things, an understanding of other individuals, and an understanding of ourselves. Where individuals differ is in the strength of these intelligences - the so-called profile of intelligences - and in the ways in which such intelligences are invoked and combined to carry out different tasks, solve diverse problems, and progress in various domains" (Gardner).
Brain Gym and Brain Break vs. Implementing Movement

- **Brain Gym**: is a series of exercises designed to help learners coordinate their brains and their body better
  - This holistic approach to learning also enables students to find an equilibrium between both sides of the brain and body.
- **Brain Dance**: “is a series of exercises... that is comprised of eight developmental movement patterns that healthy human beings naturally move through in the first years of life” (Gilbert).
- **Brain Break**: are mental breaks designed to help students stay focused and attend
  - They get students moving to carry blood and oxygen to the brain
  - They energize and relax
Creating the Unit Plan

- Asking for advice
- Connecting standards
- Lessons that flow individually and as a unit
- Revising
Implementing the Lessons

- Four lessons
- Starting with activities to get students comfortable moving their bodies and then growing on those activities
Name Game Directions
Name Game
Stretching: Warming Up Our Bodies to Move
Warming Up Our Bodies
Stretching Video
Mrs. Ballard’s Class Agreement

1. Use gentle hands and feet
2. Stay in my own personal space
3. Have fun/ don’t have a bad time
4. Participate the whole time
5. Level 0 or 1
6. Follow the classroom procedures
7. No running
Line Pictures
Levels: High, Medium, and Low
Making Lines With Our Bodies
Sculpting Game
Using Lines to Make Letters With Our Bodies

- Started small
- Used hands, then arms, then legs, and then the whole body
Movement Story: *The Alphabet Adventures of Little Letter O*
Jump Ropes

- Used for creating letters on the floor
- Visually could see the letter they would be making
Taking Our Letter Pictures: letter “w”
Taking Our Letter Pictures: letter “e”
Taking Our Letter Pictures: letter “m”
Taking Our Letter Pictures: letter “v”
Educreation

- iPad app
- Free (but can only create one page/lesson at a time)
- Great features
  - Pictures from photo library - shared through iCloud
  - Can trace over pictures
  - Voice recording
Students Using Educreation
Student Walking us Through Using the App
Revising the Lessons

- Experiencing each lesson with the students gave me a better idea of what each activity should look like
- 45 min. to 55 min.
- Being concise on where students will be in the room
Reviewing and Analyzing the Data

- I will put the data I collect into a graph and table to analyze the growth.
- This will be done the week of April 25th to give the students more time to use the Educreation app.
Significance

- Able to help students grow in an authentic and meaningful way
- No paper/pencil assignments
- Integrating language arts and dance!
- Relating to both language arts and dance standards
Questions?