Stigma Mitigation Through Fine Arts

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My Story

• Dance and Nursing
• Influence of Stigma
• New Generation Fine Arts Foundation (NewGen)
  • Mission: To offer greater accessibility and opportunity in the fine arts for aspiring, underserved ethnicities, the developmentally disabled, and those with mental health concerns in emerging generations.
The Connection: Stigma, Fine Arts, Health, & Well-being

• Thesis statement:
  • “fine arts combat and mitigate the impact of stigma by improving social interactions, thereby promoting and enhancing population health and well-being”.

• Research Findings
  • Stigma
  • Population Health
  • Fine Arts
Defining Stigma

• Stigma:
  • labeling, stereotyping, status loss, separation, and discrimination in a context where power is employed (Hatzenbuehler, Phelan, & Link, 2013)
Defining Health

- Health (defined by WHO):
  - Holistic approach - mental, physical, emotional, and social well-being (Stuckey & Nobel, 2010)
  - Margaret Newman’s Theory - expanding consciousness

- Population Health (Falk, 2014):
  - uniform definition yet to be established
  - Defining measurements of health outcomes
  - Pattern of determinants
Impact of Stigma

- Reproduction of Health Inequality
  - Motivators: keeping people out, in, or away

- Resources

- Social Connections

- Psychological and Behavioral Responses

- Stress
Impact of Fine Arts

- Brain
- Chemical responses
- Creativity
- Introspection
- Social relationships
- Cultural awareness & appreciation
Relevance to the dance and nursing profession

• Thesis statement:
  • “fine arts combat and mitigate the impact of stigma by improving social interactions, thereby promoting and enhancing population health and well-being”
Into Action

• Current Vision:
  • For all artists to have endless opportunities and resources that inspire cultivation of their craft. We seek to preserve and promote the fine arts as they enhance all aspects of cultural awareness for greater community engagement.
Into Action

• Revised Vision:
  • *NewGen believes that the arts hold transformative potential. We seek to nurture a* unified community that elevates socio-cultural awareness, *empowers individuals to bridge divisions between diverse populations, and promotes artistic exploration to illuminate shared experiences that inspire interest in fine arts as a vehicle to enhance health and well-being of our community.*
Thank you!

Stay connected:

@NewGenFineArts

New Generation
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www.NewGenFineArts.org
Questions???
References


References


