

# Stigma Mitigation Through Fine Arts

Kendall B. Owens

# My Story

- Dance and Nursing
- Influence of Stigma
- New Generation Fine Arts Foundation (NewGen)
  - *Mission: To offer greater accessibility and opportunity in the fine arts for aspiring, underserved ethnicities, the developmentally disabled, and those with mental health concerns in emerging generations.*





# The Connection: Stigma, Fine Arts, Health, & Well-being



- Thesis statement:
  - *“fine arts combat and mitigate the impact of stigma by improving social interactions, thereby promoting and enhancing population health and well-being”.*
- Research Findings
  - Stigma
  - Population Health
  - Fine Arts

# Defining Stigma



- Stigma:
  - labeling, stereotyping, status loss, separation, and discrimination in a context where power is employed (Hatzenbuehler, Phelan, & Link, 2013)



# Defining Health



- Health (defined by WHO):
  - Holistic approach - mental, physical, emotional, and social well-being (Stuckey & Nobel, 2010)
  - Margaret Newman's Theory - expanding consciousness
- Population Health (Falk, 2014):
  - uniform definition yet to be established
  - Defining measurements of health outcomes
  - Pattern of determinants

# Impact of Stigma



- Reproduction of Health Inequality
  - Motivators: keeping people out, in, or away
- Resources
- Social Connections
- Psychological and Behavioral Responses
- Stress



# Impact of Fine Arts

- Brain
- Chemical responses
- Creativity
- Introspection
- Social relationships
- Cultural awareness & appreciation





# Relevance to the dance and nursing profession

- Thesis statement:
  - *“fine arts combat and mitigate the impact of stigma by improving social interactions, thereby promoting and enhancing population health and well-being”*





# Into Action

- Current Vision:
  - *For all artists to have endless opportunities and resources that inspire cultivation of their craft. We seek to preserve and promote the fine arts as they enhance all aspects of cultural awareness for greater community engagement.*



# Into Action

- Revised Vision:
  - *NewGen believes that the arts hold transformative potential. We seek to nurture a unified community that elevates socio-cultural awareness, empowers individuals to bridge divisions between diverse populations, and promotes artistic exploration to illuminate shared experiences that inspire interest in fine arts as a vehicle to enhance health and well-being of our community.*





# Thank you!

Stay connected:



@NewGenFineArts



New Generation  
Fine Arts Foundation

[www.NewGenFineArts.org](http://www.NewGenFineArts.org)





Questions???



# References

- Bos, A. E. R., Pryor, J. B., Reeder, G. D., & Stutterheim, S. E. (2013) Stigma: Advances in Theory and Research, *Basic and Applied Social Psychology*, 35:1, 1-9, DOI: [10.1080/01973533.2012.746147](https://doi.org/10.1080/01973533.2012.746147)
- Center for Disease Control and Prevention. (2019). What is Population Health? | Population Health Training in Place Program (PH-TIPP) | CDC. Retrieved from <https://www.cdc.gov/pophealthtraining/whatis.html>
- Chappell, S., & Cahnmann-Taylor, M. (2013). No Child Left With Crayons. *Review Of Research In Education*, 37(1), 243-268. doi: 10.3102/0091732x12461615
- Cholewa, B., Goodman, R.D., West-Olatunji, C. et al. (2014) A Qualitative Examination of the Impact of Culturally Responsive Educational Practices on the Psychological Well-Being of Students of Color. 46: 574. <https://doi.org/10.1007/s11256-014-0272-y>
- Demarin, V., Bedeković, M., Puretić, M., & Pašić, M. (2016). Arts, Brain and Cognition. *Psychiatria Danubina*, 28(4), 343-348. Retrieved from <https://pdfs.semanticscholar.org/dde6/d342f7a2804afda394fa84bc124a3a2ee1fd.pdf>
- Endo E. (2017) Margaret Newman's Theory of Health as Expanding Consciousness and a Nursing Intervention from a Unitary Perspective. *Asia Pac J Oncol Nurs.*;4(1):50-52.
- Fox, N. (2012). Creativity and health: An anti-humanist reflection. *Health: An Interdisciplinary Journal For The Social Study Of Health, Illness And Medicine*, 17(5), 495-511. doi: 10.1177/1363459312464074
- Goldman, Alvin and Blanchard, Thomas, "Social Epistemology", *The Stanford Encyclopedia of Philosophy* (Summer 2018 Edition), Edward N. Zalta (ed.), URL = <https://plato.stanford.edu/archives/sum2018/entries/epistemology-social/>.
- Guetzkow, J. (2002). Retrieved from [https://culturalpolicy.princeton.edu/sites/culturalpolicy/files/wp20\\_-\\_guetzkow.pdf](https://culturalpolicy.princeton.edu/sites/culturalpolicy/files/wp20_-_guetzkow.pdf)
- Harris, N. (2017). *How childhood trauma affects health across a lifetime* [DVD]. YouTube: TEDTalk.**
- Hatzenbuehler, M. L., Phelan, J. C., & Link, B. G. (2013). Stigma as a fundamental cause of population health inequalities. *American journal of public health*, 103(5), 813-21.
- Keene, D., & Padilla, M. (2014). Spatial stigma and health inequality. *Critical Public Health*, 24(4), 392-404. doi: 10.1080/09581596.2013.873532

# References

- Link, B., & Hatzenbuehler, M. (2016). Stigma as an Unrecognized Determinant of Population Health: Research and Policy Implications. *Journal Of Health Politics, Policy And Law*, 41(4), 653-673. doi: 10.1215/03616878-3620869
- Major, B., Dovidio, J., & Link, B. *The Oxford handbook of stigma, discrimination, and health*. 125-132.
- Maraccini, A., Galiatsatos, P., Harper, M., & Slonim, A. (2017). Creating Clarity: Distinguishing Between Community and Population Health. *American Journal Of Managed Care*. Retrieved from <https://www.ajmc.com/journals/ajac/2017/2017-vol5-n2/creating-clarity-distinguishing-between-community-and-population-health>
- Pave Program in Arts Entrepreneurship. (2013). Retrieved from [https://herbergerinstitute.asu.edu/sites/default/files/social\\_impact\\_training\\_april16\\_update\\_public\\_0.pdf](https://herbergerinstitute.asu.edu/sites/default/files/social_impact_training_april16_update_public_0.pdf)
- Petiprin, A. (2016). Expanding Consciousness - Nursing Theory. Retrieved from <http://www.nursing-theory.org/theories-and-models/newman-health-as-expanding-consciousness.php>
- Phelan, J. C., Lucas, J W., Ridgeway, C. L., & Taylor, C. J. (2013). Stigma, status, and population health. *Social science & medicine* (1982). 103. 15-23. doi: 10.1016/j.socscimed.2013.10.004.
- Picard, C. (2000). Pattern of Expanding Consciousness in Midlife Women: Creative Movement and the Narrative as Modes of Expression. *Nursing Science Quarterly*, 13(2), 150–157. <https://doi.org/10.1177/08943180022107438>
- produced by California Newsreel; in association with Vital Pictures; series creator and executive producer, Larry Adelman. (2015). The raising of America: early childhood and the future of our nation. [San Francisco, California]: California Newsreel**
- Rowe, C., Watson-Ormond, R., English, L., Rubesin, H., Marshall, A., & Linton, K. et al. (2016). Evaluating Art Therapy to Heal the Effects of Trauma Among Refugee Youth. *Health Promotion Practice*, 18(1), 26-33. doi: 10.1177/1524839915626413
- Stuckey, H. L., & Nobel, J. (2010). The connection between art, healing, and public health: a review of current literature. *American journal of public health*, 100(2), 254-63.