

SIGNS AND SYMPTOMS



-  Bleeding/soaking a pad an hour [1]
-  Blood clots the size of a golf ball [1]
-  Nausea or vomiting [2]
-  Feeling weak or confused [2]
-  Increased heart rate [2]
-  Drop in blood pressure symptoms by feeling faint, dizzy and having blurred vision [2]

[1] Turner, T., Morton, C., & Terlizzi, K. (2022, July 18). OB hemorrhage toolkit v3.0 errata 7:18:22. OB Hemorrhage Toolkit V3.0 Errata 7:18:22 | California Maternal Quality Care Collaborative. Retrieved December 8, 2022, from <https://www.cmqcc.org/resources-tool-kits/toolkits/ob-hemorrhage-toolkit>

[2] The American College of Obstetrics and Gynecologists. (2017, September 21). ACOG expands recommendations to treat postpartum hemorrhage. ACOG. Retrieved November 25, 2022, from <https://www.acog.org/news-releases/2017/09/acog-expands-recommendations-to-treat-postpartum-hemorrhage>

WHAT IS POSTPARTUM HEMORRHAGE?

Postpartum hemorrhage is losing more than 1000 mL of blood after giving birth [1]. It is preventable and there are ways to decrease the risk.



WAYS TO DECREASE POSTPARTUM HEMORRHAGE

