

## Appendix B: Resources

### Referral List

#### **Mental Health Agencies and Service Providers in the Kalamazoo Area**

Child and Family Psychological Services... <u>(269) 372-4140</u>	
Family and Children Services... <u>(269) 344-0202</u>	
Douglass Community Association... <u>(269) 343-6185</u>	
Kalamazoo Community Mental Health and Substance Abuse Services... <u>(269) 373-6000</u>	
Borgess Outpatient Mental Health Services... <u>(269) 226-5600</u>	
Catholic Family Services... <u>(269) 381-9800</u>	
Adult and Family Counseling... <u>(269) 323-9797</u>	
The Psychology Clinic at Western Michigan University... <u>(269) 387-5105</u>	<b>REDUCED COST</b>
Counseling and Psychological Services at Western Michigan University... <u>(269) 387-5105</u>	<b>FREE</b>
Sindecuse Health Center Counseling Service... <u>(269) 387-1850</u>	<b>FREE</b>
YWCA of Kalamazoo... <u>(269) 345-5595</u>	<b>SHELTER SERVICES/COUNSELING</b>

### **Emergency Resources**

Gryphon Place... <u>211 (in Kalamazoo County) OR (269) 381-4357</u>
Kalamazoo Community Mental Health and Substance Abuse Services... <u>(269) 373-6000</u>
Bronson Methodist Hospital... <u>(269) 341-6386 OR 911</u>
Borgess Hospital... <u>(269) 226-8000 OR 911</u>
National Suicide Prevention Hotline... <u>1-800-273-TALK</u>