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Center for Disability Services

2013

CDS- Annual Report 2013

College of Health and Human Services

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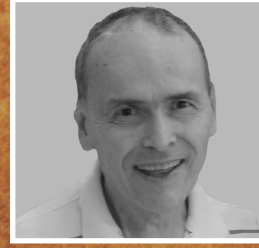
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A black and white portrait of a man with a joyful expression, showing his teeth. He is wearing a dark baseball cap and a light-colored t-shirt. The background is a plain, light gray.



Western Michigan University College of Health and Human Services

A Western Michigan University Center for Excellence in Disabilities Service



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Our Mission

Our mission is to help people who need personal, physical, and /or cognitive assistance live life fully.

Our Vision

Our vision is to increase our expertise in making it possible for people with physical and/or cognitive limitations become valued members of society.

A MESSAGE FROM THE DIRECTOR

I am proud to announce that the WMU Center for Disability Services is approaching its thirty-second year of providing an array of services to support and assist people with developmental disabilities; and its eleventh year of providing aging services to care for people with Alzheimer's and other dementias. In this report we share just a few of our accomplishments from this past year. Some of our activities were new ventures, such as the use of iPads and the TAP-it®, along with other advanced technology for teaching and learning. Other undertakings were the result of restructuring a service. Some of you may remember our art studio in the Park Trades Center in downtown Kalamazoo. Well, that location was vacated long ago and today we offer the Creative Abilities Art Studio, the virtual store, online <http://www.wmich.edu/disabilitycenter/index.html>.

Our increase in community volunteer connections for the people we support is exciting; e.g. Meals on Wheels, Borgess Gardens, WMU Recycling. Not only are people achieving a community presence around the WMU and Kalamazoo communities, but they are giving back to the community. These connections continue to demonstrate that the people we support want and can have a valued community role.

We continue to appreciate our academic ties to the College of Health and Human Services and the faculty and student collaborations made possible by the various departments, in particular the departments of Occupational Therapy, Blindness and Low Vision Studies, and the Interdisciplinary Health Services Program. CDS hired students as direct support professionals in addition to serving as a principal internship and clinical placement site for students. Over the past year, CDS funded over \$354,000 in student wages and \$11,580 in graduate assistantships, providing valuable service learning experience.



Dr. Carol Sundberg

Our faculty, staff, and students consistently tell us that their high job satisfaction is primarily due to the deep commitment and love they have for the people we support. I think the feeling is mutual as I see the day to day interactions and strong bond between the people we support and their direct support staff.



ABOUT THE CENTER FOR DISABILITY SERVICES

The Center for Disability Services operates as a community service under the auspices of the College of Health and Human Services at Western Michigan University. For over 30 years, the Center for Disability Services has been providing quality services to people with disabilities. Today, the center is a multi-service agency that provides more than 200,000 hours of service annually to over 250 individuals. Listed below are the programs that are currently offered in addition to providing WMU students with an opportunity for innovative learning and discovery in the field of disabilities.

Alliance Senior Day Services

Alliance Senior Day Services is an adult day program designed to serve individuals who are diagnosed with Alzheimer's disease or other forms of dementia. Alliance also serves seniors who require supervision during the day due to health reasons or cognitive impairments.

Community Connections

Community Connections provides adults with disabilities the opportunity to be productive, contributing members of the community through volunteer activities and other community connections that enhance their vocational skills, independence and self-determination. Through a variety of meaningful skill building activities individuals can increase their adaptive skills, personal health and wellness, and meaningful relationships while being engaged outside of their home during the day.

Community Living Services

Community Living Services, also called Supported Living, provide support to individuals residing in their own home and apartments. Individuals may receive a few hours a day to 24 hours a day support. Supports are provided to the person based on their needs. CDS strives to assist the individual with creating a home environment that is theirs with support staff to make it a reality. CDS does not own homes or apartments, but can provide services within your residence.

Supports Coordination

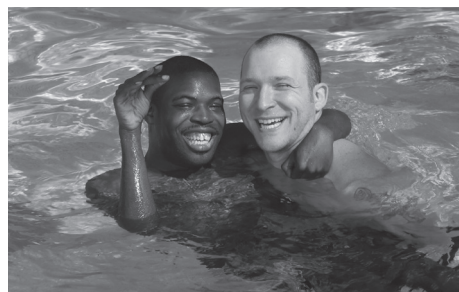
Supports Coordination services include planning, linking, advocating, coordinating and monitoring. Individuals served are assisted in gaining access to needed services, financial assistance, housing, employment, education, social services, and other services and supports identified through the person centered planning process.

ACCREDITATION

The international accrediting body, CARF, has accredited the Center for Disability Services for its Community Services: Community Integration, Community Services Coordination, and Supported Living programs as well as Adult Day Service programs. This accreditation represents the highest level of accreditation that can be awarded to an organization and shows the organization's substantial conformance to the CARF standards. An organization receiving this accreditation has put itself through a rigorous peer review process. It has demonstrated to a team of surveyors during an on-site visit its commitment to offering programs and services that are measurable, accountable, and of the highest quality.



CARF is an independent, nonprofit accrediting body whose mission is to promote the quality, value, and optimal outcomes of services through a consultative accreditation process that centers on enhancing the lives of the persons served. Founded in 1966 as the Commission on Accreditation of Rehabilitation Facilities, and now known as CARF International, the accrediting body establishes consumer-focused standards to help organizations measure and improve the quality of their programs and services.



2012 - 2013 HIGHLIGHTS

Focus on Community Volunteering

The Community Connections services at CDS, helped more than 55 people with a developmental disability have the chance to volunteer for a number of local organizations in an effort to become more integrated within the Kalamazoo community and contribute in a meaningful way. Some organizations included Senior Services, Borgess Gardens, Greater Kalamazoo Girls on the Run, and WMU recycling. Our consumers love getting out and helping in the community!

Integration of Advanced Technology

Over the past year, CDS has integrated new technologies into the services offered on site. In a project spearheaded by Kalamazoo Community Mental Health and Substance Abuse Services, several iPads were purchased and are currently being used in the Community Connections Program and the Alliance Senior Day Services. In addition, CDS has acquired the TAP-it®, an interactive platform that minimizes barriers and maximizes flexibility for individuals with special needs. TAP-it® is the first ADA compliant interactive learning station designed to provide accessibility to all people. TAP-it® is within reach for people using wheelchairs, walkers or other mobility devices, providing full access to the screen with easy adjustments that adapt to individualized needs.



ASDS Continues to Serve Veterans

Last December, the Veterans Administration (VA) began to authorize adult day care as a service option for those veterans who live in adult foster care homes. This resulted in an increase in participants from the VA. Alliance Senior Day Services strives to fulfill the program goals of supporting individuals and their families in a manner that allows families to either postpone admission to a long term care facility or eliminate the need for one. The VA continues to be a steady referral source and it's wonderful to be able to support veterans at any age.

Supports Coordination Shows Growth

Over the past five years, CDS's Supports Coordination service has experienced significant growth. In 2008, our supports coordinators served 46 individuals compared to 80 individuals in 2013. The supports coordinators arranged all types of essential services and supports so

that each person's health, well-being and quality of life was preserved.

Innovative Student/Staff Member

When Tupperware® discontinued a cup holder that goes around your neck, making it possible for individuals with hemiplegia to drink independently, one of our student employees saw an opportunity to help people. Assistive technology occupational therapy student, Sherri Dillinger, was assigned to create an assistive device in one of her courses. With John in mind, she was able to recreate an assistive cup holder similar to one that John had used daily in the past.

Creative Abilities Art Studio

Since 2003, the Creative Abilities Art Studio at CDS has assisted adults with disabilities and afforded them the opportunity to create and sell their artwork. Over the past year, the College of Health and Human Services sponsored exhibits by CDS consumers in an effort to showcase their talents and generate income for the consumers. Artwork was also sold at a number of community festivals held throughout the county. A long term goal was also realized this year when the art studio launched an on-line store filled with CDS artwork and products. We invite you to explore our on-line store which features unique artworks created by adults with disabilities. Visit the store at <http://www.wmich.edu/disabilitycenter/>.

Occupational Therapy Clinic Helps Consumers

Each semester, Occupational Therapy (OT) students in the College of Health and Human Services are assigned to work with a CDS consumer enabling the student to learn more about working with people with disabilities. Since 2010, OT students have assessed consumer needs in a variety of areas including range of motion, mobility, eating, using adaptive equipment and using assistive technology. OT students develop a semester plan to address these needs. In addition, the students also teach CDS staff how to intervene with various physical, cognitive, psychosocial and sensory conditions and make recommendations to the team regarding services and devices.

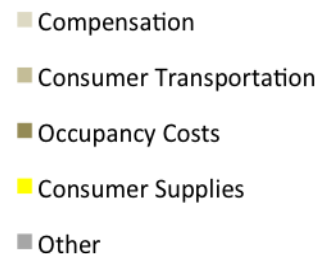
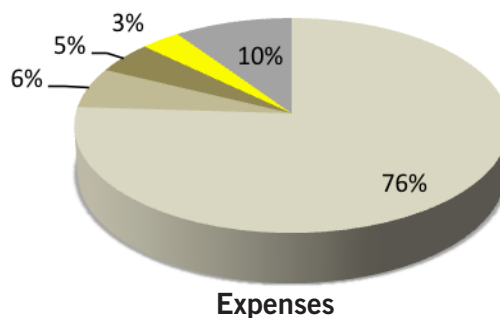
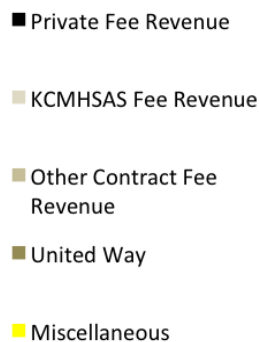
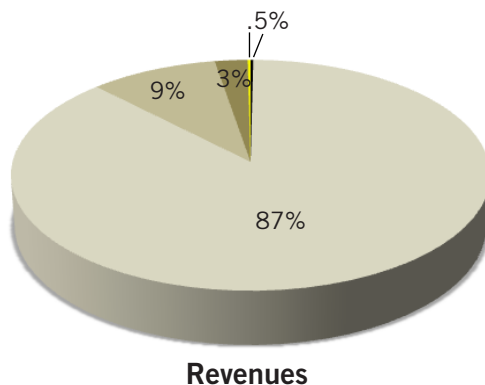


FUNDING 2012-2013

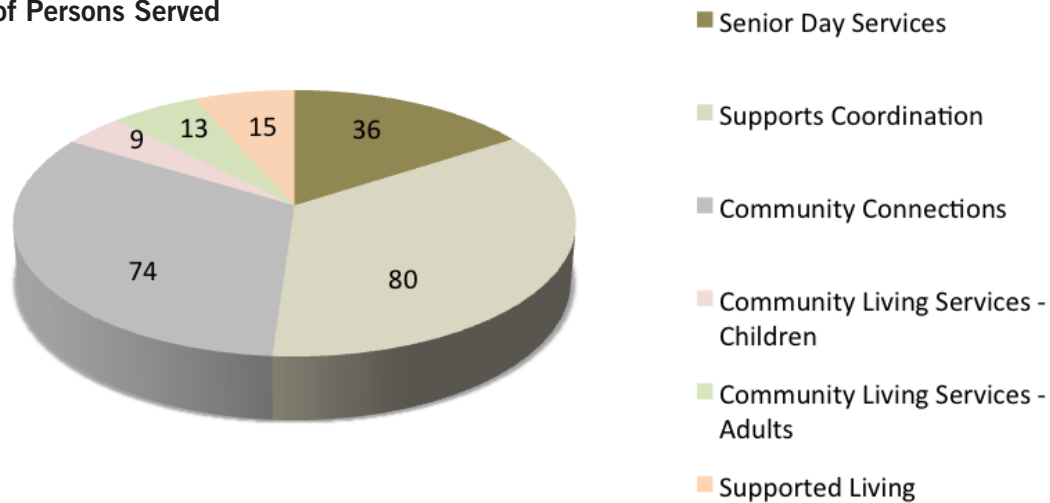
As an auxiliary enterprise at WMU, CDS is funded by external funding in the way of grants and contracts, and also receives funding from the United Way of Battle Creek and Kalamazoo. Significant contracts are maintained with Kalamazoo Community Mental Health and Substance Abuse Services, Senior Services, Area on Aging IIIA, Veterans Administration, the County of Kalamazoo, and the State of Michigan Department of Human Services.

Private Fee Revenue	\$6,231
KCMHSAS Fee Revenue	\$2,719,167
Other Contract Fee Revenue	\$300,517
United Way	\$76,836
Miscellaneous	\$6,688
TOTAL REVENUE	\$3,109,439
Compensation	\$2,235,116
Consumer Transportation	\$179,728
Occupancy Costs	\$141,412
Consumer Supplies	\$98,065
Other	\$288,346
TOTAL EXPENSE	\$2,942,667

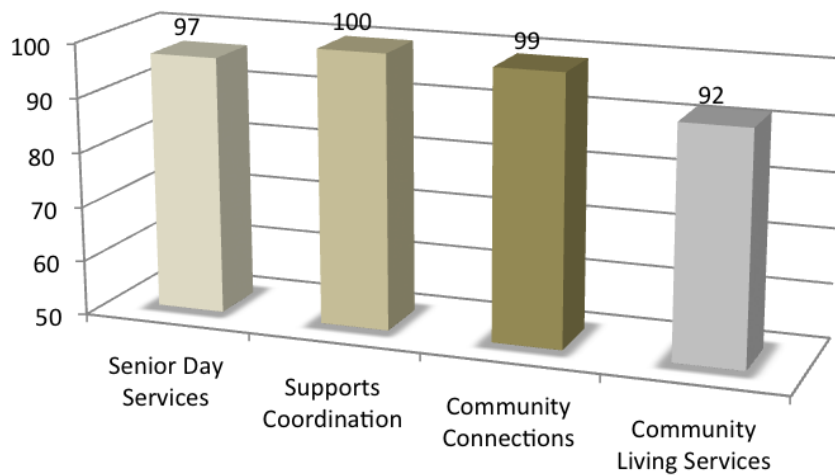
CDS Funding Sources



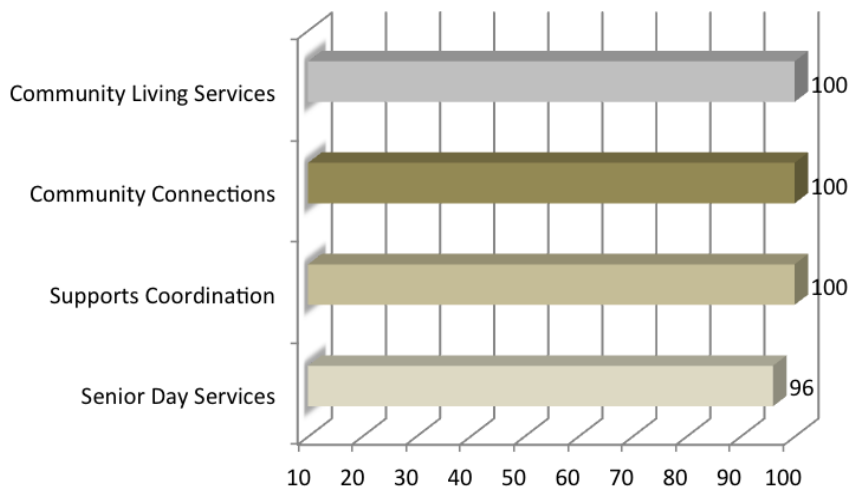
Number of Persons Served



Percentage of Consumers Making Progress



Consumer Satisfaction Ratings



BY THE NUMBERS

Full-time Staff	21
Student Employees	100+
Student Interns62
Volunteer Hours	564
Community Service Hours .	229,588
Individuals Served	227



Center for Disability Services

WESTERN MICHIGAN UNIVERSITY

1000 Oakland Drive
Kalamazoo, MI 49008
wmich.edu/disabilitycenter



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